

**CURRENTLY UNDER REVISION**

**AMERICAN CHIROPRACTIC  
BOARD OF SPORTS PHYSICIANS™**

Diplomate American Chiropractic Board of Sports  
Physicians® (DACBSP®) Certification Candidates' Handbook

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## **DIPLOMATE AMERICAN CHIROPRACTIC BOARD OF SPORTS PHYSICIANS® (DACBSP®) CERTIFICATION CANDIDATES' HANDBOOK**

Revised May 2019

The American Chiropractic Board of Sports Physicians™ (ACBSP®) is a private, non-profit, professional; credentialing organization which sponsors both the Certified Chiropractic Sports Physician® (CCSP®) and the Diplomate American Chiropractic Board of Sports Physicians® (DACBSP®) Certification Programs, including the CCSP and the DACBSP Certification Examinations. The purpose and goal of the ACBSP Certification Program is the development, maintenance, evaluation, promotion, and administration of thorough, rigorous, examination-based, professional credentialing programs in the field of chiropractic sports medicine. The ACBSP Certification Program is designed to assess and objectively measure the professional knowledge and competency of chiropractic doctors, physicians and practitioners engaged in the specialty of chiropractic sports medicine.

In order to earn the certification of Diplomate American Chiropractic Board of Sports Physicians (DACBSP), each candidate must satisfy all educational eligibility requirements established by the ACBSP Board, of Directors and must demonstrate an acceptable and appropriate level of understanding and knowledge in all subject areas tested by the DACBSP certification examinations. Any individual seeking Diplomate certification must satisfy all CCSP certification requirements, successfully complete the DACBSP written and the practical examinations, and fulfill all educational, experiential, and written requirements established by the ACBSP for DACBSP certification. All individuals certified by the ACBSP Certification Program must also demonstrate an ongoing professional commitment to the field of chiropractic sports medicine.

ACBSP Certification Program requirements and eligibility standards are applied fairly, impartially, and consistent with applicable laws and regulations. The ACBSP Certification Program does not discriminate against any candidate on the basis of an unlawful reason, and grants certification without regard to a candidate's membership or non-membership in any organization, association or other group.

It is the policy of the ACBSP to work affirmatively to ensure that all persons' regardless of race, color, religion, gender, national origin, religion, marital status, age, disability, sexual orientation, any other characteristic protected by law, or reliance on public assistance, employment or program participation, including certification and recertification.

### **DISCLOSURE**

This handbook is not to be construed as a contract. The ACBSP reserves the right, in its sole discretion, to modify, change, revise, or amend policies at any time, for any reason, and without prior notice. If there should be an inconsistency between the contents of this handbook and the contents of any printed ACBSP material, your rights shall be determined by the ACBSP Board of Directors and not under this handbook. In the event of a conflict between the information in this guide and the formal policy documentation, the formal documentation will govern.

### **DACBSP® EXAMINATION POLICY**

Effective April 24, 1992; Revised July 3, 2014, October 17, 2014

The examination process for the DACBSP certification consists of two (2) independent examinations, one written and one practical.

### Pathways to Eligibility for the DACBSP® Examinations

A licensed Doctor of Chiropractic who satisfy one of the following criteria, and are able to provide official documentation demonstrating such, are eligible to take the DACBSP examinations:

1. Active Certified Chiropractic Sports Physician/Practitioner® (CCSP®) with completion of - minimum of 200 hours post-graduate education in the DACBSP Program, from an accredited chiropractic college
2. Active Certified Chiropractic Sports Physician/Practitioner® (CCSP®) with completion of a Master's of Science (MS) degree in an equivalent program in the domain of sports medicine.
3. Active Certified Chiropractic Sports Physician/Practitioner® and completion of a sports medicine residency program at an accredited college in its entirety.

All DACBSP candidates must hold the CCSP certification and it must be active and in good standing with the ACBSP. Please refer to the ACBSP Certification Maintenance and Continuing Education policy for more information regarding active/inactive certification status. If an exam applicant's CCSP is found to be inactive it will need to be recertified before the candidate's exam application will be processed.

A candidate must complete a postgraduate level hands-on emergency procedures course. All candidates must have a healthcare-provider level CPR certification course with a hands-on component. Online CPR courses that do not include a live, practical component are not acceptable. Candidates must provide documentation of successful completion of both courses prior to taking the exam. The CPR certification must be valid on the e date. CPR education is not considered postgraduate education and should not be a component of the educational programming.

Candidates enrolled in courses leading to eligibility for the DACBSP examinations will be held to existing ACBSP policy at the time of their initial enrollment in the program as long as course attendance is consistent.

### DACBSP® Exams Application, Administration and Format

Application requirements and additional information may be obtained from participating chiropractic colleges' postgraduate departments, the ACBSP website at <https://acbsp.com>, or by contacting the ACBSP national office. All applications and supporting materials must be received no fewer than days prior to the anticipated test date.

A completed application package will include the following:

1. A completed online application fee paid in full. The online application form must be completed to begin the exam application process.
  - a. Please note that the application package will NOT be complete or processed until the remaining requirements listed below are received at the ACBSP national office. These must be received no fewer than days prior to the exam date.
2. A copy of the candidate's healthcare provider level CPR card\*. The CPR card must be valid on the exam date.
3. A copy of the candidate's DC state license\*. The license must be valid on the exam date. If the candidate is not yet licensed, a copy of his/her DC diploma\* or complete transcript may be accepted.
4. The transcript record of the qualifying post-graduate training. Transcripts must be sent directly from the issuing college or certifying body to the ACBSP. It is the candidate's responsibility to request the college to send the transcript to the ACBSP. The ACBSP will not make transcript requests.
  - a. The DACBSP® course transcript showing successful completion of a minimum of 200 hours.

- i. All course hours must be reported on one transcript from a single accredited chiropractic college. If the candidate took course hours at more than one college, the candidate will need to contact all colleges to learn how to transfer hours so that all of the hours are recorded and reported on a single transcript.
- b. If the candidate is using a MS degree or completion of a sport medicine residency program to qualify for the DACBSP exams, the candidate will need to request that the college send a transcript to the ACBSP national office as evidence of successful completion of the course of study.

\*These items may be emailed, faxed, or mailed to the ACBSP national office and must be received no fewer than 45 days prior to the exam date. If ALL application materials are not received before this deadline, the candidate will not be permitted to take the exam.

Approximately 4-5 weeks before the date of the written and/or practical examinations each candidate will receive a confirmation of their registration.

For the written exam, the ACBSP's examination service will send a confirmation letter via USPS mail to the candidate at the mailing address provided on the exam application form. The confirmation letter specifies the test site at which the candidate is registered to take the exam. This admission letter and a valid government issued photo ID must be presented at the exam site for check in. Anyone not in possession of the admission letter will not be permitted to take the examination.

For the practical exam, the ACBSP will email the candidate a confirmation letter that includes the practical exam schedule and the candidate's assigned time for testing. This admission letter and a valid government issued photo ID must be presented at the exam site for check in.

Anyone not in possession of the letter of confirmation/admission will not be permitted to take the examination.

The written examination is prepared and scored by an examination service and administered by the ACBSP. You will be notified of your test results by letter from the examination service following your written examination. Please allow 4-8 weeks for results.

The practical examination is prepared and administered by the ACBSP. You will be notified of your test results by letter delivered via email from the ACBSP following your practical examination. Please allow 4-8 weeks for results.

If you fail either the written or practical examination you may request reexamination at a subsequent examination by reapplying. There is a re-application fee that includes a \$50 non-refundable administrative fee and follows the same refund policy as the original application fee described below. Each exam may be taken a maximum of three (3) times before additional educational hours are required by the ACBSP. In addition, candidates must successfully complete and pass the written examination three (3) years from the date of completion of the DACBSP program.

After successfully completing the written and practical examinations, the practical field experience requirement,

and fulfilling the written requirement, a certificate will be issued in approximately eight (8) weeks.

The ACBSP typically offers two official examination dates per year for the DACBSP written exam; one in April that is held in conjunction with annual Chiropractic Sports Sciences symposium and the other in November. The examination may be administered in more than one location simultaneously on those test dates. The DACBSP practical exam is typically offered one time each year, in April, in conjunction with the annual Chiropractic Sports Science symposium.

Scheduled examination dates will be published on the ACBSP website, <https://acbsp.com>, and are also available by contacting the ACBSP national office. The ACBSP reserves the right to modify the testing schedule and locations at any time at its sole discretion.

#### Fees

The fees for examination are as follows:

DACBSP written exam – initial attempt	\$400
DACBSP practical exam-initial attempt	\$700
DACBSP written exam-subsequent attempts	\$350
DACBSP practical exam-subsequent attempts	\$175/station/attempt

A maximum of three attempts for the written exam (which includes the initial attempt) and three attempts for the practical exam (which includes the initial attempt) within three years of completing the DACBSP program are permitted.

#### Cancellation/Refund Policy

\$50.00 of the examination fee is non-refundable. Without documented medical emergency, no refund will be made unless a written notice of withdrawal is received at least two weeks prior to the exam date. Individuals filing withdrawal notices received 14-28 days prior to the exam will receive a 50% refund.

#### Preparing for the ACBSP Examination

Candidates for examination should remember that the purpose of the ACBSP is to conduct certification activities in a manner that upholds standards for competent practice in the health care specialty of Diplomate American Chiropractic Board of Sports Physicians. Postgraduate DACBSP programs are the foundation for ACBSP examination preparation. Candidates are encouraged to discuss the rigors of the examination with certificants, as well as with their course professors and instructors. The ACBSP does not conduct or sponsor review courses.

#### Special Needs Applicants

The ACBSP will consider applicants requiring special testing arrangements due to handicap or religious conviction. In order to be eligible, applicants must indicate to the ACBSP that they are requesting special testing arrangements by submitted with other examination application materials in accordance with the exam application deadline. The ACBSP reserves the right to review each request and evaluate it on its own individual merits.



**ACBSP SPECIAL NEEDS SPECIFIC ACCOMMODATION REQUEST FORM**

The information requested below and any documentation regarding your disability and your need for accommodation in testing will be considered strictly confidential and will not be shared with any outside source without your express written permission.

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

OFFICE PHONE: \_\_\_\_\_ ALT. PREFERRED PHONE: \_\_\_\_\_

Email: \_\_\_\_\_

Accommodations requested for the exam administration date and location:

\_\_\_\_\_

- Accessible testing site
- Large print exam
- Taped exam
- Reader as accommodation for visually impaired
- Scribe/amanuensis as accommodation for visual or motor impaired.
- Sign language interpreter
- Extended time
- Time-and-a-half
- Double time
- More than double time
- Seated away from doors and walkways
- Separate testing area Please specify: \_\_\_\_\_
- Other Please specify: \_\_\_\_\_

**ACBSP DOCUMENTATION OF DISABILITY RELATED NEEDS FORM**

If you have a learning disability, a psychological disability, or other hidden disability that requires an accommodation in testing, please have this section completed by an appropriate professional (education professional, medical physician, healthcare practitioner, psychologist or psychiatrist) to certify that your disability condition requires the requested test accommodation.

If you have existing documentation of having the same or similar accommodation provided to you in another test situation, you may submit such documentation instead of having this portion of the form completed.

I have known \_\_\_\_\_ since \_\_\_\_\_  
(Name of candidate) (Date)

in my capacity as a \_\_\_\_\_  
(Professional title)

The applicant has discussed with me the nature of the test to be administered. It is my opinion that because of this applicant’s disability, he/she should be accommodated by providing the following: (check all that apply)

- Accessible testing site
- Large print exam
- Taped exam
- Reader as accommodation for visually impaired
- Scribe/amanuensis as accommodation for visual or motor impaired.
- Sign language interpreter
- Extended time
- Time-and-a-half
- Double time
- More than double time
- Seated away from doors and walkways
- Separate testing area Please specify: \_\_\_\_\_
- Other Please specify: \_\_\_\_\_

Signed: \_\_\_\_\_ Title: \_\_\_\_\_

## ACBSP™ Responsibilities to Applicants for Certification or Recertification

1. The ACBSP complies with all requirements of applicable federal and state laws (e.g. Americans with Disabilities Act of 1990) with respect to all certification and recertification activities and requires compliance of all contractors and/or providers of services for the certification and recertification programs.
2. The ACBSP provides competently proctored examination sites typically twice annually.
3. The ACBSP shall not accept alternatives to the criteria set forth as required for initial certification. Specifically, the clinical degree and license to practice are essential under the law and cannot be subsumed by any amount of alternative experience. The one hundred (100) hours of study in sports injuries and physical fitness; or the possession of an Athletic Trainer (ATC) Certification must be completed. To alter this requirement might serve to jeopardize the consumer of quality assured services.
4. The ACBSP, in notification of examination results, provides failing applicants with information on general content areas of deficiency.
5. The ACBSP assures that each applicant's examination results are held confidential. However, as stated in item 6 of this paragraph below, the ACBSP will update the public listing of active certificants within three months after each examination so that the consumer may make informed choices about providers according to certification status. See 6 below.
6. The ACBSP publishes, on their website, a current list of those persons certified including their name, certification designation, office address, telephone number and e-mail address. The listing is to assist the public and other certificants in making referrals to certified clinicians and choice of accredited providers. No other information shall be made public.
7. The ACBSP disciplines certificants for conduct deemed harmful to the public or inappropriate to the discipline. Any disciplinary action may be contested through the Ethics or Appeals Procedures. Refer to Code of Ethics on page 41 for Appeals Procedures.

## DESCRIPTION OF EXAMINATIONS AND GRADING PROCEDURES

### Written Examination Description

1. The examination is prepared and scored by an examination service and administered by the ACBSP.
2. It is written in a multiple-choice format, consisting of approximately 225 questions.
3. Mark only one response (or choice) for each question. Item that contain two or more marked responses (or no responses) shall receive no credit.
4. The examination consists of 4 hours of actual testing, with the entire administration taking approximately 5 hours.
5. Individual test questions are selected on an objective, national basis by the exam committee. The exam committee is composed of ACBSP appointed exam co- chairpersons and chiropractic college postgraduate faculty and chiropractic practitioners with active CCSP certifications. Each test question appearing on the examination undergoes extensive review, both before and after administration.
6. The ACBSP typically offers two official testing dates per year. The examination may be administered in more than one location simultaneously on those test dates. Determination of test sites is based upon applicant applicants' geographic distribution and administrative considerations.
7. Upcoming test dates will be posted on the ACBSP website, <https://acbsp.com> or are available by contacting the ACBSP national office.
8. The ACBSP reserves the right to relocate and/or cancel an examination administration at one or more test sites for ant legitimate reason due to circumstances beyond its control.

### Written Examination Construction

All examination materials are copyrighted material of the ACBSP. No reproduction or duplication of these materials is permitted, unless authorized by the ACBSP. All draft materials utilized by examination development committee members are kept secured in a double locked enclosed area and inventoried regularly. All committee members sign confidentiality agreements when generating and/or reviewing examination materials. Ant material considered unusable is shredded prior to disposal.

All duplication of examination materials has been done in a closed environment under secure arrangements. All test documents utilized by exam candidates have unique control numbers. Any examination materials delivered to an examination site by courier service have an inventory list that is signed off prior to delivery upon opening. Once used and repackaged for courier shipment, the inventory list is completed and initialed again.

All candidates are examined utilizing the same form of the comprehensive written examination. No equivalent forms of the competence evaluation are needed. The ACBSP has established a policy that all examinations will be generated in English. Written translations of the competency evaluation are not available. No adaptations of the evaluation material are utilized at this time. Accommodations for candidates with disabilities are dealt with on an individual basis in accordance with the Americans with Disabilities Act.

Test items utilized in the examination have been keyed to an examination blueprint and validated by the collective judgement of the subject matter experts utilized as item writers, as well as source documents from the sports injury and physical fitness field. All of these activities have been conducted under the direction of a consultant psychometrician subject to standards acceptable to the National Organization of Certification Agencies (USA).

An outside panel of the examination development committee has been utilized to review the work of the committee and to monitor the validation procedures utilized by the committee, the linkages of the test items to the examination blueprint, and associated content specifications. The procedures utilized by the panel minimized content error on the [art of the committee and have provided assurances that the committee followed generally accepted principles in item development. Each examination question has undergone this process and the items were entered into an item-banking computerized program, which allows the ACBSP o maintain all of the specifications of the test item relating to its linkage to the examination blueprint, job analysis and content validity.

After a sufficient pool of questions are developed and banked into the software, an assessment was made of the number of test items in each major/minor content area. Once satisfied that a sufficient pool of items existed, a form of the examination was generated according to the content specifications. This form was subjected to yet another field reviewed by a selected group of certificant. After signing the appropriate confidentiality forms, the reviewers rated the worthiness of the test and test items according to predetermined criteria. A consultant psychometrician reviewed comments, edits, and recommendations and made necessary changes.

A cut-score committee was assembled to establish the passing point of the examinations. The committee members selected were screened for their qualifications in the field of sports injuries and physical fitness. The members selected did not include any certificant involved in the item development process. The cut-score procedure utilized was a modified Angoff procedure for determining the various passing points on the written exam. Each member of the committee rated each criterion that will be used in the grading of the examinations and running mean score was calculated. When completed, the cut score for each of the examination was determined, including the variance, standard deviation and score committee was responsible for determining the passing point as it related to the minimally competent candidate. Prior to their initial rating, committee

members were trained on cut score methodology and provided a worksheet outlining the process with space on the worksheet to be used in describing the minimally competent candidate.

### Written Examination Grading

After the administration of the multiple-choice examination, Scantron answer sheets are shipped to the consultant psychometrician for grading. Each examination answer sheet is machine scored. After scoring, a roster of candidate scores for each examination is generated. After the rosters have been generated, a determination of passing and failing scores is made based on the predetermined cut score.

After the scores are generated and verified, each exam form is subject to item analysis procedures. The item analysis program is designed to determine the strength of the test item as it relates to the ability of the test item to discriminate between candidates who provides information regarding the performance of individual test items in relation to a candidate's overall performance. An alpha reliability coefficient and the difficulty level of individual items are calculated. If there is an issue surrounding the validity and reliability of the examination form in relation to candidate performance, a standard error of measurement is computed. The rationale for utilizing a standard error of measurement rests on the assumption that a sampling error may occur in the selection of the test items from the content areas outlined. If warranted, the standard error of measurement can be utilized to adjust the cut score in either direction.

For those candidates who do not achieve the required cut score, diagnostic score reports will be generated outlining the passing and failing percentage scores in each of the outlined major content areas. All passing candidates will receive a letter indicating their successful achievement on the competency evaluation. Once score reports have been generated and disseminated, aggregate information is assembled into a report summarizing the examination process. All of the information will be reported in aggregate fashion with no breach in confidentiality as it relates to individual candidates and their respective scores.

### Practical Examination Description

1. The examination is prepared and administered by the ACBSP.
2. The examination has been developed to assess analysis and performance of skills critical to the chiropractic sports physician. The test is designed as an objective structured clinical examination; as such the candidate will rotate through multiple stations. Testing stations will include simulated patients and candidates will assess patients trained to manifest illnesses or injuries common to athletes.
3. The ACBSP offers at least one official testing date per year. Determination of test sites is based upon applicant distribution and administrative considerations.
4. Upcoming test dates will be posted on the ACBSP website, <https://acbsp.com> or are available by contacting the ACBSP National Office.
5. The ACBSP reserves the right to relocate and/or cancel an examination administration at one or more test sites for any legitimate reason due to circumstances beyond its control.

### Practical Examination Grading

Grading of this examination is determined by the number of accurate responses on checklists designed for each station.

Candidates must pass all stations to successfully complete this examination. Grades will be given as pass/fail. Failing grades will list stations failed. Candidates failing 1-6 stations must repeat these specific stations at the next practical examination.

## POLICY ON TESTING REGULATIONS/CANDIDATE EXAMINATION CONDUCT

### General Exam Administration Regulations and Procedures

1. The examination will be given on the day and at the time scheduled.
2. Candidates will be assigned a seat.
3. Testing aids and materials are not permitted at the test center. These prohibited materials include, but are not limited to, the following: pens; papers; beepers; calculators; watch calculators; books; pamphlets; notes; rulers; highlighter pens; stereos or radios with headphones; telephones; cell phones; watch alarms (including those with flashing lights or alarm sounds); stop watches; dictionaries; translators; and any electronic or photographic devices.
4. Candidates may not eat, drink, or use tobacco during testing time.
5. Candidates should dress in such a way that they can adapt to any room temperature.
6. While the test session is in progress or during breaks, candidates may not communicate with anyone other than test center staff concerning the examination.
7. Candidates will not be permitted to leave the test center vicinity during the examination administration session or during breaks.
8. During the test session or during breaks, access to the telephones and personal items, such as a cell phone, briefcase, or study materials, will not be permitted.
9. Candidates may not remove, reproduce, and/or disclose test questions or any part of a test by any means (e.g., hard copy, verbally, electronically) to any person or entity.
10. Candidates must report to the test center at least 15 minutes before their scheduled appointment for check-in procedures. If they arrive late, they may not be admitted and the exam fee will not be refunded.
11. Candidates will be required to complete a confidentiality statement at the test center. If they do not sign the statement, they cannot sit for the exam and their fees will NOT be refunded.
12. Other than personal identification, personal items, are not allowed in the testing room. Candidates may not have access to any personal items during the test session or during breaks.
13. Test centers do not have large waiting areas. Friends or relatives who accompany a candidate to the test center will not be permitted to wait in the test center nor will they be permitted to be in contact with the candidate at any time during the administering of the test.
14. Exam administration sessions begin at sign-in, end at sign-out, and includes breaks. Candidates will be required to sign the test center log before and after the test session and any time they leave or enter the testing room.
15. The test center administrator may provide the candidates with scratch paper that may be replaced as needed during testing. Candidates may not take their own scratch paper to the test, nor may they remove scratch paper from the testing room at any time.
16. If a candidate needs to leave his/her seat at any time, he/she must raise his/her hand and request permission. When granted, the timing of the test will not stop. The candidate must have the administrator's permission to leave the room during the test. Any time lost during an unscheduled break cannot be made up.
17. Repeated unscheduled breaks will be documented and reported to the ACBSP™.
18. If at any time during the exam administration a candidate has a problem, or for any reason they need the test center administrator, they must raise their hand.

In rare instances, unanticipated problems may require late starts and/or rescheduling of an examination. The ACBSP™ is not responsible or liable for any inconvenience, expenses, or other personal damages incurred by examinees because of a late start, rescheduled test, or delay in the reporting of

scores.

#### Termination of Examination Administration/Grounds for Dismissal

The test center administrator/supervisor or proctor is authorized to dismiss a candidate from an examination administration, and the ACBSP™ may cancel their scores, or take other appropriate action, where there is a reasonable basis for concluding that the candidate has engaged in any of the following conduct:

1. Using or attempting to use someone else to take the test.
2. Failing to provide acceptable personal identification.
3. Having access to, or using, notes or any prohibited aid related to the test.
4. Creating a disturbance (disruptive behavior in any form will not be tolerated; the test administrator/supervisor has sole discretion in determining whether specific conduct constitutes disruptive behavior).
5. Communicating, in any manner, with another person other than the test administrator/supervisor or proctor, about the test during the administration, including attempting to give or receive assistance.
6. Attempting to remove scratch paper from the testing room.
7. Exceeding time permitted for a scheduled break.
8. Working on any part of the test or marking the answer sheet after time has been called.
9. Eating or drinking in the testing room.
10. Leaving the testing room or test center vicinity without permission.
11. Removing or attempting to remove, examination related materials, or portion of a test in any format from the testing room.
12. Engaging in any dishonest or unethical conduct, such as cheating.
13. Failing to follow any other examination administration regulations: set forth in ACBSP™ policies; given by the test administrator/supervisor; or specified in any examination materials.

The CCSP® and DACBSP® Certification Examinations are confidential and contain copyrighted material. All test materials, including test books and answer documents, are the sole property of the ACBSP™ and must be returned to the test administrator/supervisor after each testing session. No portion of such materials may be retained by examinees/candidates.

The ACBSP™ reserves the right to take all action including, but not limited to, barring a candidate from future testing and/or canceling their scores for failure to comply with the test administrator/supervisor's directions. If a candidate's scores are canceled, they will be notified of such action and its basis, and their examination fees will not be refunded.

Although tests are administered under strict supervision and security measures, examination irregularities may sometimes occur. Candidates are required to contact the ACBSP™ as soon as possible to report any observed behavior that may lead to an invalid score – for example, someone copying from another test taker, taking a test for someone else, having access to test questions before the exam or using notes or unauthorized aids. All information will be held in confidence.

## Cancellation of Scores by the ACBSP™

### Test Security Issues

The ACBSP™ strives to report scores that accurately reflect the performance of every testing candidate. Accordingly, the ACBSP™'s standards and procedures for administering exams have two primary goals: giving candidates a fair and secure opportunity to demonstrate their abilities; and preventing some candidates from gaining an unfair advantage over others. To promote these objectives, the ACBSP™ reserves the right to cancel any examination scores under the following circumstances, as determined by the ACBSP™: (1) examination administration irregularity; (2) discrepancy in candidate personal identification; (3) candidate misconduct; or (4) invalid scores. Reviews of scores by the ACBSP™ are confidential.

1. Examination Administration Irregularities. "Examination administration irregularities" refers to problems with the administration of an exam. When examination administration irregularities occur, they may affect an individual or groups of test takers. Such problems include, without limitation, administrative errors (such as improper timing, improper seating, defective materials, and defective equipment); improper access to test content; and other disruptions of exam administrations (including, but not limited to, natural disasters and other emergencies). When examination administration irregularities occur, the ACBSP™ may decline to score the exam, or may cancel the examination scores. When deemed appropriate, the ACBSP™ may give affected candidates the opportunity to take the exam again as soon as possible without charge.
2. Personal Identification Discrepancies. When, in the ACBSP™'s judgment or the judgment of the test center personnel, there is a discrepancy in a candidate's personal identification, the candidate may be dismissed from the test center; in addition, the ACBSP™ may decline to score the exam, or may cancel the test scores.
3. Candidate Misconduct. When, in the ACBSP™'s judgment or the judgment of the test center personnel, there is misconduct in connection with an exam or test administration, the candidate may be dismissed from the test center. Additionally, the ACBSP™ may decline to score the exam, or may cancel the test scores. Misconduct means a failure to comply with the requirements, procedures, and regulations described in ACBSP™ policies. Misconduct also includes access to secure test questions prior to the exam administration.
4. Invalid Scores. The ACBSP™ may also cancel scores if, in its judgment, there is substantial evidence that they are invalid for any reason. Evidence of invalid scores may include, but is not limited to, the following: discrepancies with regarding a candidate's handwriting; unusual answer patterns; and inconsistent performance on different parts of the examination. Before canceling scores pursuant to this paragraph, the ACBSP™ will: notify the candidate in writing explaining its concerns; provide the candidate with an opportunity to submit information that addresses the concerns explained in such notice; consider any such information submitted by the candidate; and offer the candidate a choice of options. The options may include voluntary scores cancellation, a free retest, or arbitration in accordance with ACBSP™ policies.

### Reporting of Scores

1. A passing grade shall be determined by appropriate psychometric standard deviation.
2. Written exam results will be mailed from the examination service directly to all candidates approximately 8-10 weeks after the administration of the examination. Scores will NOT be reported over the telephone. Telephone calls requesting score information or special handling only delay processing.
3. Practical exam results will be emailed to candidates approximately 8-10 weeks after the administration of the examination directly from the ACBSP™ national office.
4. After successfully completing the written and practical examinations, the practical field experience



requirement, and fulfilling the written project requirement, a certificate will be issued in approximately 4-8 weeks.

### Rewriting Failed Examination

1. Failed candidates are eligible to sit for a re-examination at a subsequent test by reapplying.
2. The examination may be taken a maximum of 3 times before additional educational hours are required. At that time, the additional educational hours of postgraduate study in sports injury must be taken and proof of such hours must be submitted to the ACBSP™ in writing from an accredited chiropractic college. Such educational hours should be in those areas determined as deficient on the failing doctor's previous examination(s).
3. Candidates must successfully complete the written and practical examinations 3 years from the date of completion of the DACBSP® program.

### Hand Grading/Results Review

Regarding the written exams, the ACBSP™, in conjunction with their professional examination service, conducts extensive post examination analyses to ensure that reported scores are accurate. Included in these analyses is a comparison of the scores obtained in samples of answer sheets that have been both mechanically scored and scored by hand. Also, all unsuccessful written examination scores found to be at or near the cut score are hand scored. Thus, it is unlikely that any examination score will be changed from "fail" to "pass" if rescored manually. For this reason, the ACBSP™ does not encourage examinees to request hand grading for verification of their scores.

Some or all stations of the DACBSP® practical exam may be videotaped. In the event a result of fail is determined for any practical exam station, independent examiners will review the videotaped performance of a particular station, upon request of the candidate.

In the event an applicant feels that an error in scoring may have occurred on either the written or practical exam, the ACBSP™ will honor a request for hand grading or video review.

Such a request must be submitted in writing and because there are expenses involved with regrading a written or practical examination (and is the responsibility of the candidate requesting the regrading/review) must be accompanied by the currently applicable fee.

Requests for hand grading or practical station review must be received within 30 days after scores are released to examinees. This written request should be sent by certified mail to the ACBSP™ office.

The written request for review must contain the following information:

1. Identity and signature of the candidate submitting the request.
2. Reason the request is being made.
3. The specific examination(s) the evaluation is to address.
4. Those requesting review of a practical examination should indicate which station(s) they wish to have regraded.

Within forty-five (45) days of the receipt of a complete, properly written appeal and the proper fees, the candidate will be notified in writing of the results of their regrading, regardless of the outcome. The fees for regrading are as follows and are non-refundable.

Written Examination: \$200.00

Practical Examination: \$150.00 per station reviewed

### **EXAM IMPROPRIETY POLICY**

If a candidate engages in any form of exam improprieties before or during the evaluation, that document cannot be scored and the results will not be accepted. If improprieties were discovered in any form, there will be some form of "disqualification".

The ACBSP™ reserves the right to disqualify candidates associated with exam improprieties. All the information submitted in connection with any application must be true and correct. Any falsified information on an application is grounds for denial of acceptance into the program, or certification revocation, and the candidate may be barred from future certification.

The American Chiropractic Board of Sports Physicians™ has the authority to revoke the certification of any doctor whose certification was obtained by fraud or misrepresentation, who exploits or misrepresents the certification, or who is otherwise disqualified. The candidate that has been found cheating on his/her examination will be required to take and successfully complete an ethics course with a grade of "C" or better. This course must be taken at either a university, community college, or a chiropractic college (if offered). The course description must be approved by the ACBSP™ or the President of the ACBSP™ prior to the candidate enrolling for the course.

1. The candidate may be allowed to reapply after 2 years, with a new application and processing fee.
2. The candidate may be permanently disqualified from certification.

### **APPEALS PROCEDURES**

CCSP® or DACBSP® certificants and candidates seeking certification or recertification agree that: these procedures are a fair process for resolving certification complaint or appeal matters; they will be bound by decisions made pursuant to these procedures; these procedures are governed by the principles of the law of the state of Iowa; and, these procedures do not constitute a contract between the ACBSP™ Certification Program and the candidate or certificant.

#### **Nature of the Process**

The ACBSP™ Certification Program is directed, administered, and supervised by the ACBSP™ Board of Directors. All challenges regarding actions of and by the ACBSP™ Certification Program are governed by the comprehensive and exclusive rules contained in these procedures. This appeal process is the only way to resolve all ACBSP™ application, eligibility, examination, and other certification or recertification challenges, complaints and/or claims of irregularities.

Because these informal procedures are not legal proceedings, they are designed to operate without the assistance of attorneys. While a party may choose to be represented by an attorney, candidates and certificants are encouraged to communicate directly with the ACBSP™ Certification Program. If a party has retained an attorney, that lawyer will be directed to communicate with the ACBSP™ Certification Program through the ACBSP™ Legal Counsel.

#### **Participants**

The ACBSP™ Executive Director, the ACBSP™ Board of Directors, and any other authorized representative of the ACBSP™ Certification Program may be involved in deciding matters to be resolved or arising under these procedures.

### Time Requirements

The ACBSP™ Certification Program will make every effort to follow the time requirements noted in these appeal procedures. However, the ACBSP™ Certification Program's failure to meet a time requirement will not prohibit the handling or final resolution of any matter arising under these procedures. ACBSP™ candidates or certificants are required to comply with all time requirements specified in this document. Unless provided otherwise, time extensions or postponements may be granted by the ACBSP™ Certification Program if a timely, written request explaining a reasonable cause is submitted.

### Litigation/Other Proceedings

The ACBSP™ Certification Program may accept and resolve a dispute arising under these proceedings when civil or criminal litigation, or other proceedings related to the dispute, are also before a court, regulatory agency, or professional body. The ACBSP™ Certification Program may also continue or delay the resolution of any appeal, complaint, or other matter.

### Confidentiality

In order to protect the privacy of all parties involved in matters arising under these procedures, all material prepared by, or submitted to, the ACBSP™ Certification Program will be confidential. Disclosure of material prepared by, or submitted to, the ACBSP™ Certification Program is permitted only when specifically authorized by ACBSP™ Certification Program policy, the Board of Directors, or the Executive Director.

Among other information, the ACBSP™ Certification Program will not consider the following materials and documents to be confidential:

1. Published certification and eligibility criteria;
2. Records and materials which are disclosed as the result of a legal requirement;
3. Upon the written request of a candidate or certificant, any certification information concerning certification status or application materials which the candidate or certificant would like made available to other credentialing agencies, professional organizations, or similar bodies; and,
4. All final published decisions and orders of the Board of Directors, the Certification Appeals Committee, or the Executive Director.

### Failure to Disclose/Improper, False, or Misleading Representations

The ACBSP™ Executive Director, at the direction of the Board of Directors, may temporarily or permanently prevent and bar an individual from being certified or recertified, or may issue any other appropriate directive(s), where an ACBSP™ candidate or certificant fails to disclose information related to certification or recertification requested by the ACBSP™ Certification Program, or where the candidate or certificant makes an improper, false or misleading representation to the ACBSP™ Certification Program.

Where a penalty, discipline, order, or other directive is issued by the ACBSP™ Certification Program under this Section, the candidate or certificant involved may seek review and appeal under these procedures.

Failure to Cooperate.

Where a candidate or certificant fails or refuses to cooperate fully with the ACBSP™ Certification Program concerning matters arising under, or related to, these procedures, and it is determined that the lack of cooperation is without good cause, the Board of Directors, or another authorized representative, may penalize or discipline the individual. Among other penalties or disciplines, the Board may temporarily or permanently prevent and bar an individual from being certified or recertified or may issue any other appropriate directive(s).

Where the ACBSP™ Certification Program under this Section issues a penalty, discipline, order, or other directive, the candidate or certificant involved may seek review and appeal under these procedures.

### Prevention of Certification or Maintenance of Certification

Following notice, and a reasonable opportunity to present a response to the Board of Directors, the ACBSP™ Executive Director, at the direction of the Board of Directors, may temporarily or permanently prevent an individual from being certified or recertified, including the termination, suspension, or revocation of ACBSP™ certification, or may issue any other appropriate directive(s), where the candidate or certificant was the subject of any complaint or similar matter relating to his/her professional activities as a chiropractic practitioner, or where the candidate or certificant is the subject of matters or proceedings involving criminal charges, lesser offenses, or similar matters regardless of: when the alleged violation occurred; and, whether the professional license of the candidate or certificant was in good standing at the time of the ACBSP™ decision or action. Where the ACBSP™ Certification Program under this Section issues a penalty, discipline, order, or other directive, the candidate or certificant involved may seek review and appeal under these procedures.

### Certification Program Actions and Decisions Concerning the Certification Process

#### Certification Application Actions

Under the supervision of the Executive Director or other authorized representative, the ACBSP™ Certification Program will make one of the following determinations and decisions with regard to a candidate's application for the ACBSP™ certification and examination eligibility: (a) accept the application; (b) request additional or supplemental information; or, (c) reject the application on the ground(s) that the candidate does not meet the necessary and specific certification eligibility requirements, or the candidate has violated, or acted contrary to, an ACBSP™ Certification Program policy or rule.

#### Certification Examination(s) Actions

The ACBSP™ Certification Program will notify each candidate whether he/she has achieved a passing or failing score on the CCSP® or the DACBSP® Certification Examination. Where a candidate acts contrary to ACBSP™ policies during the administration of the CCSP® or the DACBSP® Certification Examination(s), the candidate may be prevented from taking or completing the Examination(s).

#### Recertification Application Actions

The ACBSP™ Certification Program will make one of the following decisions with regard to a certificant's Recertification Application: (a) grant recertification; (b) conditionally accept the Recertification Application, pending satisfactory completion of all Certification Program requirements; request additional information; or, (d) reject the application on the ground(s) that the certificant does not meet the necessary criteria for recertification, or the certificant has violated, or acted contrary to, an ACBSP™ Certification Program policy or rule.

### Circumstances for Review or Appeal of an Adverse Certification Program Decision Appeal Limitations

A candidate or certificant may submit an appeal of an adverse ACBSP™ Certification Program action, decision, or determination under the following circumstances where certification or recertification has been denied: The candidate was found to be ineligible to take or complete the CCSP® or the DACBSP® Certification Examination(s); The candidate did not pass and successfully complete the CCSP® or the DACBSP® Certification Examination(s); or, The candidate or certificant failed to satisfy a CCSP® or DACBSP® certification or recertification requirement, including those requirements related to qualifications, education, and experience, or was otherwise ineligible for certification or recertification.

### Initial Request for Review/Content and Time Period for Submitting a Request for Review

A candidate or certificant may submit a written request for review of an adverse action or decision within thirty (30) days of the date of the action by notifying Executive Director in writing and stating with particularity the nature of the request and the specific facts and circumstances supporting the request, including all reasons why the action or decision should be changed or modified. The candidate or certificant must also provide accurate copies of all supporting documents with the initial written request for review. A request for review may be in letter or other clear written form, must identify the candidate or certificant, and must state that the document is a Request for Review by the Executive Director.

### Informal Review by the ACBSP™ Executive Director

#### *Executive Director Actions*

Upon receipt, and in the first instance, the ACBSP™ Executive Director or authorized representative will consider all requests for review initially. Following review of the candidate's or certificant's appeal and request for review, the Executive Director will acknowledge receipt of the request within thirty (30) days and may take one of the following actions:

1. Uphold or modify the adverse action or decision, or take other appropriate action, in writing with the approval of the Board of Directors; or,
2. Refer the matter to the Certification Appeals Committee for review and resolution as an appeal.

### Referral of Request/First Appeal

In the event a request for review is referred to the Certification Appeals Committee for resolution, the Executive Director will provide the Certification Appeals Committee with all relevant materials, including the documents and materials submitted by the candidate or certificant.

### First Appeal/Certification Appeals Committee

#### *Circumstances and Limitations of First Appeal*

Subject to the limitations below, in the following circumstances a first appeal will be heard and resolved by the Certification Appeals Committee where: the matter has been referred by the Executive Director; or, a candidate or certificant is dissatisfied with the final informal review and action of the Executive Director and requests an appeal consistent with these procedures.

Only the following actions and decisions of the Executive Director may be appealed by the candidate or certificant:

1. The candidate was found to be ineligible to sit for the CCSP® or the DACBSP® Certification Examination(s);
2. The candidate was barred or otherwise prohibited from taking or completing the CCSP® or the DACBSP® Certification Examination(s);
3. The candidate's CCSP® or the DACBSP® Certification Examination(s) was re-scored and he/she has failed to pass the examination(s);
4. The candidate was found to be ineligible for certification due to his/her failure to satisfy a certification requirement, including those requirements related to qualifications, education, and experience, or was otherwise ineligible for certification; or,
5. The certificant was denied recertification based upon his/her Recertification Application or failure to satisfy one or more recertification requirements or was otherwise ineligible for recertification.

### *Time Period for Submitting First Appeal*

A candidate or certificant seeking to present a first appeal to the Certification Appeals Committee must submit a written appeal consistent with the requirements of these procedures to the ACBSP™ Certification Program within thirty (30) days of the date notice of the final action and decision of the Executive Director or authorized representative. The time for filing the appeal may be extended by the Certification Appeals Committee upon written request by the candidate or certificant received at least fifteen (15) days prior to the appeal deadline.

### *Contents of and Grounds for First Appeal*

#### **Required Information for First Appeal**

For an appeal to be considered by the Certification Appeals Committee, the appeal submission must contain the following information:

1. The identity and signature of the individual candidate or certificant submitting the appeal;
2. All objections, corrections, and supporting facts the candidate or certificant believes to be relevant to the appeal;
3. The names, addresses, and telephone numbers of any persons with supporting facts relevant to the appeal, and a clear description of the supporting facts available from these persons; and,
4. Copies of any and all relevant documents, exhibits, or other information the candidate or certificant wants to submit in support of the appeal.

#### **Grounds for First Appeal**

For an appeal to be considered by the Certification Appeals Committee, the appeal submission must contain substantial information supporting at least one of the following grounds, and a detailed explanation of the reasons for the appeal:

1. The candidate's eligibility to sit for the CCSP® or the DACBSP® Certification
2. Examination(s), or other eligibility for certification, was denied incorrectly
3. The candidate's CCSP® or DACBSP® Certification Examination(s) was scored incorrectly, or was not credited with an appropriate response to particular questions, and as a direct result of the incorrect scoring the candidate is entitled to receive a passing score on the examination(s);
4. The candidate was barred or otherwise prohibited incorrectly from taking the CCSP® or the DACBSP® Certification Examination(s); or,
5. The certificant's Recertification Application was incorrectly rejected under the relevant recertification standards, and the certificant would have qualified for recertification if
6. the correct standards had been applied, or the certificant was otherwise incorrectly found ineligible for recertification.

### *Requests for Hearing of First Appeal/In-Person, Telephone and Record Hearings*

In-Person and Telephone Hearings. Within fifteen (15) days of submitting an appeal, a candidate or certificant may request, in writing, an informal in-person or telephone hearing before the Certification Appeals Committee. Any request for an in-person or telephone hearing must contain the following information:

1. If the candidate or certificant requests a hearing by telephone, the telephone number where the candidate or certificant can be reached on the day and at the time scheduled for the hearing;
2. If the candidate or certificant intends to appear at the hearing in-person with an attorney or other representative, the name, address, and telephone number of the attorney or representative; and,
3. If the candidate or certificant intends to present witnesses at the hearing, the names, addresses, and telephone numbers of the proposed witnesses, and a clear description and summary of the information to be offered by such witnesses.

### *Appeal Hearings on the Written Record*

In the event the candidate or certificant does not request an in-person or telephone hearing, the appeal will be resolved and decided based on the appropriate written record, as determined by the Certification Appeals Committee.

### *First Appeal Hearings*

1. Certification Appeals Committee. The ACBSP™ Board of Directors will appoint authorized representatives of the Certification Program to serve as the Certification Appeals Committee to resolve each certification appeal.
2. Scheduling of Appeal/Telephone and In-Person Hearings. Within forty-five (45) days of receipt of a complete, proper, and written appeal, the Certification Appeals Committee will schedule a date and time for consideration of the appeal, generally not later than one-hundred twenty (120) days after receipt of the appeal and notify the candidate or certificant of the appeal date and time. Where the candidate or certificant has requested a telephone or in-person hearing, a designated member of the Certification Appeals Committee will convene, preside over, and conduct an appeal hearing.
3. Collection and Receipt of Information. The Certification Appeals Committee will conduct an informal hearing designed to collect and weigh all of the available proof and information. The Certification Appeals Committee will receive and consider all information appearing to be relevant to the subject matter of the hearing. No formal or legal rules of evidence and procedure will apply to appeal hearings. The candidate or certificant, or a legal representative, will be permitted to ask questions of witnesses at the discretion of the Certification Appeals Committee. Objections relating to relevance of information and other procedural issues will be decided by the Certification Appeals Committee, and these decisions are not subject to appeal.
4. Candidate/Certificant Presentations. The candidate or certificant may make an oral presentation at a hearing and will respond to questions asked by the Certification Appeals Committee.
5. Legal Counsel. ACBSP™ Legal Counsel may be present at an appeal hearing and may conduct the hearing with the Certification Appeals Committee. Legal or other representatives of the appealing party do not have the privilege of the floor and are bound by the determinations and rulings of the Certification Appeals Committee and ACBSP™ Legal Counsel.
6. Witnesses. All witnesses, except the candidate or certificant, will be excluded from the hearing except during presentation of their information. Hearings are confidential and private. No observers are permitted without special permission from the Certification Appeals Committee.
7. Hearing Record. A taped, written, or similar record of the hearing may be made by the Certification Appeals Committee, or another person designated by the Certification Appeals Committee.
8. Expenses. The candidate or certificant will be responsible for her/his own expenses associated with the appeal, including all expenses associated with attendance at the hearing, witnesses, or the duplication of materials. The ACBSP™ Certification Program will bear other general costs of conducting the hearing, including costs associated with the activities of the Certification Appeals Committee and other Certification Program representatives and staff.
9. Closing of Hearing Record. The hearing and appeal record will be closed following the conclusion of the hearing, unless otherwise directed by the Certification Appeals Committee or other authorized representative. The candidate/certificant or the Certification Appeals Committee may request that the record remain open for up to thirty (30) days for the purpose of receiving additional information or written materials relevant to the appeal. The Certification Appeals Committee may deny requests to keep the record open, and such a denial is not subject to appeal.



### First Appeal Determination/Decision of the Certification Appeals Committee

Following the close of the appeal record, the Certification Appeals Committee will review the record of the appeal, including the action or decision of the Executive Director and the information and materials received from the candidate or certificant. The Certification Appeals Committee will resolve and decide the appeal based on the record, including relevant and credible information presented by the candidate or certificant. The appeal decision will include the findings of the Certification Appeals Committee and a summary of the relevant facts upon which the decision is based. The appeal decision will be prepared and issued under the direction of the Certification Appeals Committee, or other authorized representative, within thirty (30) days of the closing of the first appeal record, or as soon thereafter as is practical.

### Final Appeal/Final Appeal to the Board of Directors

#### *Grounds for Final Appeal*

If a candidate or certificant chooses to challenge and appeal the first appeal decision, a final appeal may be submitted to the Board of Directors. The grounds to appeal a first appeal decision are strictly limited to the following grounds:

1. Procedural error: The first appeal decision misapplied a procedural rule contained in these rules, and the rule misapplication significantly prejudiced the candidate or certificant with respect to the outcome of the appeal decision;
2. New or previously undiscovered information: Following the issuance of the first appeal decision, the candidate or certificant located relevant information and facts that were not previously available and that would have significantly affected the outcome of the first appeal decision in the candidate's or certificant's favor;
3. Misapplication of certification standards: The first appeal decision misapplied the relevant certification or recertification standards, and the misapplication significantly prejudiced the candidate or certificant and the outcome of the appeal decision; or
4. Contrary to the information presented: The first appeal decision is clearly contrary to the most substantial information in the record.

With respect to the grounds listed in Sections 1.a. and 1.c., above, the Board of Directors will consider only arguments that were previously presented to the Certification Appeals Committee in the first appeal.

### Time Period for Submitting Final Appeal/Content of Final Appeal

1. Time Period for Submitting Appeal. A candidate or certificant may submit a written appeal, signed by the candidate or certificant, to the Board of Directors within thirty (30) days of the date of the first appeal decision of the Certification Appeals Committee. Any appeals received beyond this date will not be reviewed or considered by the Board of Directors, unless the President of the Board of Directors grants special permission.
2. Contents of Final Appeal. Consistent with all other requirements, a final appeal to the Board of Directors must state and include the following information:



- a. The identity and signature of the individual candidate or certificant submitting the appeal;
- b. A detailed explanation of the reasons and basis for the appeal, as defined and limited by Section M, above;
- c. All objections, corrections, and documented facts the candidate or certificant believes to be relevant to the appeal, including all documents and exhibits in support of the appeal; and,
- d. The names, addresses, and telephone numbers of any person not previously identified with documented facts relevant to the appeal, and a clear description of the documented facts available from these persons.

### Board of Directors Final Appeal Process

1. Scheduling of Final Appeal. Within sixty (60) days of receipt of a complete and proper written appeal, the Board of Directors will schedule a date, usually not later than the next or second regularly scheduled Board meeting, on which to consider the appeal. The ACBSP™ Certification Program will notify the candidate or certificant of the date the appeal will be considered.
2. Appeal Review. The Board of Directors will conduct an informal hearing designed to review and consider all the available proof and information, including the record of the first appeal and the materials submitted by the candidate or certificant.
3. Candidate/Certificant Appearances before the Board. At least thirty (30) days prior to the date scheduled for a final appeal review, a candidate or certificant may request the opportunity to appear before the Board of Directors concerning the appeal. The Board Chair, or other authorized representative(s), will determine whether a request to appear before the Board is accepted. If a request to appear is accepted, the Board of Directors may limit the appearance in any manner or may require the candidate or certificant to present certain information or materials. Denials of requests to appear before the Board are not subject to appeal.

### Final Decision of the Board of Directors

Following the review of a final appeal, the Board of Directors will review the record of the appeal and, thereafter, resolve and decide the appeal based on the record. The Board will consider all relevant information and include a summary of its findings in the appeal decision. The Board may affirm, modify, or reverse the decision of the Certification Appeals Committee based on its findings. The Board will issue its final appeal decision within thirty days of the end of the review of the appeal, or as soon thereafter as is practical.

### Finalizing and Closing Appeals

#### Conditions for Closing the Appeal

An appeal will be closed, and all proceedings ended, when any of the following occurs:

1. An appeal has been resolved and decided by the Executive Director or authorized representative, or the Certification Appeals Committee and the allowable time period for the filing of an appeal under these procedures and rules has passed or lapsed; or,
2. The Board of Directors has resolved and decided the appeal.
3. The appeal has been withdrawn or terminated by the candidate or certificant.

### CPR POLICY

All candidates for the CCSP® and DACBSP® Examinations must be certified in CPR. This CPR certification may be obtained as part of a college course. The candidate for the examination is responsible for obtaining the CPR certification on their own, if it is not offered by the college. The following stipulations will apply:

1. It is the responsibility of the college that conducts the 200-Hour DACBSP® course to inform their students of this requirement. It is also the responsibility of the college to point out the student's responsibility in obtaining this certification. CPR education is not considered postgraduate education and should not be a component of the educational programming.
2. The CPR certification obtained by the students should be from one of the following: Basic Life Support for the Healthcare Provider/AED from the American Heart Association (AHA), or Professional Rescuer/AED from the American Red Cross. Although there may be other acceptable organizations, it MUST be a level of certification training that is given to health professionals as opposed to the lay public.

#### CPR class requirements consist of:

- 1 Person CPR
  - 2 Person CPR
  - Infant CPR
  - Airway Obstruction
  - AED
3. In addition to the above requirements, the CPR class must have a hands-on component where the student demonstrates skills to an instructor. Online CPR courses that do not include a live, practical component are not acceptable.
  4. When registering to sit for the CCSP® or DACBSP® examination, a candidate must submit proof of current CPR certification. CPR certification must not expire before the examination. Failure to comply will result in inability to sit for the exam.
  5. The ACBSP™ requires that doctors maintain current recertification in CPR. (Please refer to the ACBSP™ Certification Maintenance and Continuing Education policy for additional information).

#### DACBSP® PROGRAM GUIDELINES

The Diplomate of the American Chiropractic Board of Sports Physicians® (DACBSP®) certification program consists of a minimum of 200 hours of course work provided by an accredited postgraduate program.

The information offered in these additional hours is, of course, available to any licensed Doctor of Chiropractic who properly enrolls in a postgraduate curriculum. However, in order to qualify for the examination leading to the DACBSP® certification, the Doctor of Chiropractic must have completed the initial 100-hour course and passed the examination leading to the designation Certified Chiropractic Sports Physician® (CCSP®). The DACBSP® certification is a designation that encompasses a minimum of 300 total academic contact hours plus completion of the practical and publication requirements outlined in this document.

An ACBSP™ appointed committee grants approval of submitted documentation for completion of practical and written requirements. The colleges will be responsible for documentation of academic requirements only. Suggested guidelines for the curricula for the additional 200 hours are as follows:

#### Advanced Exercise Physiology

1. Review of Physiologic Responses to Exercise
  - a. Cardiovascular
  - b. Muscular
2. Clinical Measurement of Athletic Performance and Physiological Response

- a. Measurement of muscular function
  - i. Isokinetic devices, ROM assessment devices
  - ii. Mechanical influences of muscle function
- b. Measurement of cardiovascular function
  - i. Ergometers-VO<sub>2</sub>, step test,
  - ii. Spirometry
  - iii. Blood lactate
- c. Measurement of ergonomic efficiency
  - i. Ergonomic analysis
  - ii. Gait analysis
  - iii. Other analysis
- d. Specificity of training responses in muscle
  - i. Defined exercise formats-concentric, eccentric, isokinetic
  - ii. Fiber recruitment specificity
- 3. Chemical and Hormonal Effects of Exercise
  - a. Hormonal Regulation of Fluid and Electrolytes
    - i. Exercise fluid shifts
    - ii. Renin-angiotensin-aldosterone system
    - iii. Vasopressin/ADH
    - iv. Anterior pituitary hormones
  - b. Fluid and Electrolytes in Endurance Training
    - i. Adaptation of fluid shift
    - ii. Blood volume responses
  - c. Stress hormone response to exercise/effect on energy metabolism
    - i. Catecholamine activity
    - ii. Glucagon
    - iii. Cortisol
    - iv. Growth hormone
  - d. Exercise and Endorphins
    - i. Principals of endorphin release
    - ii. Effects of endorphins on physiology and performance
- 4. Alterations in Physiological Response in Systemic Conditions
  - a. Asthma
    - i. Changes in Cardiovascular Response
    - ii. Vital capacity
    - iii. Ventilation
  - b. Diabetes
    - i. Changes in energy utilization
    - ii. Changes in stress hormone response
    - iii. Effects upon performance

## Rehabilitation Concepts and Their Application to Athletes

- 1. Detailing of Rehabilitation Principals
  - a. Integration of rehab into clinical practice
  - b. Special vocabulary applicable to rehab

- c. Goals of rehab
- 2. Relationship between Rehabilitation and Baseline Athletic Conditioning
  - a. Application of monitoring of safe, challenging programs
  - b. Proper use of needs analysis
  - c. Assignment of program variables
- 3. Specific Rehabilitation Protocols
  - a. Sports specific
  - b. Injury specific
  - c. Application of SAID principle
  - d. Proper use of proprioceptive challenge
  - e. Return to sports judgments
- 4. Sport-Specific Conditioning Programs
  - a. Off-season
  - b. Pre-season
  - c. In-season
- 5. Designing Practical Rehabilitation Protocols
  - a. Psychological reactions of the injured athletes
  - b. Scope and variety of available equipment/programs
  - c. Dealing with overzealous/overprotective parent/coach
  - d. Introduction to biomechanical impact as a causative and/or preventative factor
- 6. Analysis of Athlete's Strength, Power and Endurance Status
  - a. Use of computerized testing equipment
    - i. Graph analysis
    - ii. Normative values
    - iii. Use of digital testing apparatus
  - b. Evaluation by the DeLorme method

### **Sports Specific Biomechanics**

- 1. Detailed Information on the Biomechanical Measurements of each of the Major Sports
  - a. Upper extremity/torso - kinematic upper quadrant
  - b. Lower extremity/torso - kinematic lower quadrant
  - c. Contrast/Compare - analysis of running, throwing, kicking and jumping movement
- 2. Assessment Methodology of Various Biomechanical Measurements
  - a. Phasing skills analysis
  - b. High tech vs. low tech methodologies
- 3. Video and Computer Analysis of Sports Biomechanics; Emphasis on Gait (running) and Pitching/Throwing Mechanics

### **Advanced Diagnostics in Sports Medicine**

- 1. Imaging Modalities
  - a. Plain radiographs
  - b. Plain-film tomography
  - c. Fluoroscopy
  - d. Arthrography
  - e. Ultrasonography

- f. Angiography
  - g. Nuclear medicine bone scanning
  - h. Computed tomography
  - i. Magnetic Resonance Imaging (MRI)
  - j. Thermography
2. Electrodiagnostics
    - a. Electroneuromyography (ENMG)
      - i. Nerve Conduction Studies
        1. Basic
          - a. Motor Nerve Conductive (MNCV)
          - b. Sensory Nerve Action Potentials (SNAP)
        2. Special
          - a. F-Wave
          - b. H-Responses
          - c. Repetitive stimulation
      - ii. Electromyography (EMG)
        1. needle electrode examination
      - iii. Kinesiologic electromyography
3. Intra compartmental Pressure Analysis
  - a. Instrumentation
    - i. Slit catheter
    - ii. Solid state Intra compartmental catheter
  - b. Compartment Pressure Measurements
    - i. Acute compartment syndrome
    - ii. Chronic exertional compartment syndrome
4. Clinical Laboratory and Drug Testing Protocols
  - a. Types of testing
    - i. Random testing
    - ii. Scheduled testing
    - iii. "Just Cause"
  - b. Protocols for obtaining samples
  - c. Methods of testing samples
    - i. Thin layer chromatography (TLC)
    - ii. Immunoassay
      1. Radioimmunoassay (RIA)
      2. Enzyme-multiplied immunoassay (EMIT)
    - iii. Gas Chromatography/Mass Spectroscopy
  - d. Circumvention Techniques
    - i. Masking agents
    - ii. Determination of drug shelf-life
    - iii. Substitution of urine

### **Adaptive and Functional Taping and Bracing**

1. Therapeutic and prophylactic uses of bracing/taping
  - a. Evaluation

- b. Braces
  - c. Taping
- 2. Hands-on Instruction in Taping Procedures for Different Injuries
  - a. Sprained ankles
  - b. Plantar fascia
  - c. Thumb
  - d. Wrist
- 3. Functional vs. Supportive Aspects of Taping
  - a. Definition
  - b. Prescription guidelines
- 4. Immobilization Techniques and Principles with Respect to Athletes and Specific Sports
  - a. Types of immobilization/immobilizer
- 5. Orthotics (foot orthoses)
  - a. Indications
  - b. Biomechanical analysis of athlete
  - c. Types of materials
  - d. Type of orthotics

### **Stress Management Principles in Sports Medicine and Beyond**

- 1. Stress and Sports Psychology
  - a. Evaluation and assessment of psychological stress
  - b. Stressful conditions
  - c. Stress related disorders
  - d. Intervention strategies
    - i. Relaxation training
    - ii. Visual training
    - iii. Cognitive training
    - iv. Hypnosis
    - v. Desensitization
    - vi. Goal setting
    - vii. Psychological skills training
    - viii. Other
  - e. Future directions in stress management
- 2. Stress and the Injured Athlete
  - a. Additional stresses associated with injury
  - b. Personality types and the relationship to injury causation
  - c. Intervention strategies for stress related phenomena and pain management
- 3. Sports Performance
  - a. Psychology of winning and losing
  - b. Focus of control
  - c. Intervention strategies for maximum sports performance
- 4. Exercise, Stress, and Other Psychological Parameters
  - a. Effects of exercise on stress
  - b. Depression and exercise
  - c. Self-concept and exercise

- d. Intellectual psychological consequences of exercise
- e. Adverse psychological consequences of exercise
- 5. Fitness and Stress
  - a. Relationship of emotional issues to systemic disease
  - b. Relationship of emotional stress to behavior

### Sports Equipment and Technology

- 1. Sports Equipment
  - a. Protective Equipment Materials/mechanical properties Standards for testing and certification
  - b. Equipment for specific body parts (to include head, face (eyes, ears, teeth), upper extremity, lower extremity, and trunk/groin, genitalia)
  - c. Implements
    - i. Grips
    - ii. Poles
    - iii. Gloves
    - iv. Racquet
    - v. Other (bats, etc.)
  - d. Clothing
- 2. Athletic Shoes
  - a. Construction/materials
  - b. Mechanical properties
  - c. Influence on biomechanics
  - d. Types (e.g. training, competition)
- 3. Surfaces
  - a. Natural-grass/cinders/wooden
  - b. Artificial-turf/composites, etc.
- 4. Shoe-surface Interactions
  - a. Physics of interaction
- 5. Ergonomics of Various Exercise Equipment
  - a. Bicycles
  - b. Wheelchairs
  - c. Treadmills
  - d. UBE (Upper Body Ergometer)
  - e. Weight machines
  - f. Other (rowing machines, cross country ski machines, etc.)

### Advanced Principals of Extremity Manipulation

The core material in the education for the Diplomate status must relate to and test proficiency in only that which is referenced by accepted sources. The following outline has been based upon such referenced material.

- 1. Joint Dysfunction
  - a. Hypermobility/hypomobility
  - b. Concept of the parapsychological space and joint cavitation
  - c. Joint mechanoreceptor
    - i. Proprioception

- ii. Gate theory

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  - c. Joint mechanoreceptor
    - i. Proprioception
    - ii. Gate theory
2. Joint Play Assessment
  - a. End feel
  - b. Differential diagnosis of joint trauma
3. Chiropractic manipulation of loss of joint play
  - a. Upper extremity (including the following joints)
    - Temporomandibular
    - Scapulothoracic
    - Sternoclavicular
    - AR acromioclavicular
    - Costochondral
    - Glenohumeral
    - Intercostal
    - Elbow-radio humeral
    - Costotransverse
    - Humeroulnar
    - Costovertebral
    - Proximal radioulnar
    - Radiocarpal
    - Ulnomeniscotriquetral
    - Midcarpal
    - Distal intermetacarpal
    - fingers-m-ph and interphalangeal
  - b. Lower extremity (including the following joints)
    - Coxofemoral
    - Patellofemoral
    - Femorotibial
    - Proximal
    - Tibiofibular
    - Subtalar
    - Foot-tarsometatarsal
    - Ankle mortise
    - Midtarsal
    - Metatarsal phalangeal

Note: This listing of joints is designed to ensure the inclusion of joints that are sometimes neglected. It is not



intended to limit instruction to only these joints, since there are obviously others with which the practitioner should be familiar.

- c. Graded Mobilization (e.g. Maitland)

### **ADVANCED SOFT ISSUE TECHNIQUES (Specific Myofascial Connective Tissue Therapy)**

1. Mechanism of Soft Tissue Injuries
  - a. Macro-trauma
    - i. Intrinsic - pulled/ruptured
      1. faulty biomechanics
      2. adaptation/recruitment
      3. hypertonic-not stretched/warmed up
      4. imbalance with antagonist
      5. excessive load
    - ii. Extrinsic – contusion
  - b. Micro-trauma - strain/itis
    - i. Intrinsic
      1. Overuse
        - a. faulty biomechanics
        - b. adaptation/recruitment
    - ii. Extrinsic
      1. Contusion
      2. faulty biomechanics
2. Pathology of Soft Tissue Injury
  - a. Chemistry of injury
  - b. Acute vs. Chronic injury states
  - c. Repair mechanisms in the soft tissues
3. Transverse Friction Massage
4. Diagnosis of Altered Muscle Firing Orders
5. Diagnosis of Muscular Dysfunction
  - a. Structural
    - i. Spasticity
    - ii. Rigidity
  - b. Functional
    - i. Limbic system dysfunction
    - ii. Interneuron dysfunction
    - iii. Reflex contracture
    - iv. Myofascial trigger points
    - v. Muscle tightness
6. Treatment of Muscular Dysfunction
  - a. Structural - medical referral
  - b. Functional
    - i. Limbic system dysfunction - psychological referral
    - ii. Interneuron dysfunction – adjustment

- iii. Reflex contracture
  - iv. Myofascial trigger points
    - 1. spray and stretch
    - 2. ischemic compression
    - 3. post isometric compression (PIR)
    - 4. others
- 7. Kaltenborn Approach
- 8. Concepts of Sports Massage
  - a. Pre-event
  - b. Post-event
  - c. Injury rehabilitation
- 9. Therapeutic Muscle Stretching (TMS - PNF)
  - a. Types of stretching techniques
  - b. Indications for TMS
  - c. Contraindications to TMS
- 10. Myofascial Release

### Special Considerations in Specific Athletic Groupings

- 1. The Young Athlete
  - a. Physiological characteristics of this age group
    - i. Endurance-specific differences
    - ii. Musculoskeletal differences
    - iii. Special conditions
      - 1. Scoliosis
      - 2. Scheuermann's disease
  - b. Psychological characteristics of this age group
    - i. Issues of motivation and burnout
    - ii. Pros and cons of organized sports
    - iii. Issues of competitiveness
  - c. Pre-participation screening
    - i. Age-specific issues
    - ii. The maturity staging controversy
  - d. Specific Injuries: diagnosis and management
    - i. Soft tissue injuries-common areas
    - ii. Fractures-common areas
    - iii. Epiphyseal injuries
    - iv. Apophyseal injuries
    - v. Conditions related to growth asymmetries
- 2. The Female Athlete
  - a. Physiologic and Anatomic Gender Differences
    - i. Skeletal
    - ii. Cardiovascular
    - iii. Thermal/metabolic
    - iv. The role of neuromuscular conditioning in issues such as coordination/dexterity/injury rates.

- b. Injury Patterns
    - i. Common areas of injury in female athletes
    - ii. The role of strength and weight training in rehabilitation and prevention
  - c. Gynecological /Obstetric Considerations
    - i. Menstrual problems
      - 1. athletic amenorrhea
      - 2. dysmenorrhea
    - ii. Exercise and pregnancy
    - iii. Post-menopausal exercise
    - iv. Female steroid and growth hormone use
  - d. Psychological considerations in female athletes
    - i. Issues of societal acceptability/gender identity, psychological aspects of competition.
      - 1. effect upon performance/compliance, etc.
3. The Geriatric Athlete
- a. Pre-participation Screening
    - i. Importance of EKG analysis
    - ii. Screening for underlying systemic conditions
    - iii. Issues of musculoskeletal
    - iv. Fitness in the elderly

## DACBSP® TEST PLAN

### CATEGORY (PERCENTAGE OF TEST)

#### Biomechanics and Exercise Physiology (16%)

- 1. Anatomical and Biomechanical Considerations (8%)
- 2. Exercise Physiology (8%)

#### Examination and Evaluation (20%)

- 1. Biomechanical/Performance analysis (4%)
- 2. Ortho-Neuro and Physical Examination (9.82%)
- 3. Imaging, Electrodiagnostics, Laboratory, Special Tests (6.18%)

#### Conditions (18.18%)

- 1. Upper Extremity (7.27%)
- 2. Lower Extremity (6.91%)
- 3. Head, Neck, and Trunk (4%)

#### Emergency Procedures, Traumatology, and On-Field Evaluation (12%) Treatment Techniques (12%)

- 1. Extremity and Spinal Osseous Manipulation Techniques (4%)
- 2. Soft Tissue Techniques and Physiotherapy Modalities (4%)
- 3. Sports Nutrition and Pharmacology (1.82%)
- 4. Taping, Bracing, and Casting (2.18%)

#### Case Management (21.82%)

- 1. Rehabilitation Concepts (10.91%)

2. Stress Management and Sports Psychology (2.18%)
3. Sports Equipment (2.91%)
4. Special Considerations in Specific Athletic Groupings (2.91%)
5. Conditioning and Training Concepts (2.91%)

The test consists of approximately 250 items. The items are in a multiple-choice format contained in two booklets with two hours of testing allowed per booklet. Scoring is administered by Scantron™ forms through an independent examination service.

### **DACBSP® PRACTICAL EXAMINATION GUIDELINES**

The following information is provided for use in the candidates' preparations for the DACBSP® practical examination. The test outline should serve as a guide only and should not be considered as reflective of the entire spectrum of potential test material.

#### **Format**

The examination is constructed to assess the candidate's performance on selected skills and to evaluate the candidate's critical thinking. Candidates for the DACBSP® certification should have advanced levels of knowledge in these skills. This is assessed at multiple stations during which the candidate will be engaged in simulated patient scenarios. The candidate is expected to perform tasks and offer verbal interpretations in the following areas: case management, emergency procedures, manual procedures, taping and bracing, and diagnostic imaging. The candidate will be allowed appropriate time to perform the required tasks at each station.

Candidates will be videotaped at each station. Candidates will be presented with a number at registration. The candidate will be directed to the video camera as she/he enters the station and should clearly show and say the number to the camera. Candidates will then receive written instructions regarding the task(s) they are to perform. Examiners will assess candidates in their skill's performance with an objective task checklist. These checklists define the appropriate, stepwise progression in the performance of these tasks.

#### **Grading**

Station grades are calculated from tallying the appropriate responses on these checklists. A passing grade of 70% is required at each station. Successful completion of all stations is required to pass the examination. Please refer to specific retake examination policies available from the ACBSP™ Executive Director.

#### **General Information**

Candidates may need to employ various physical positions and equipment during the entire examination; therefore, casual attire is encouraged. Candidates may not bring beepers, cellular phones, recording or transmitting devices of any kind into the testing area. Once you have finished testing, you will not be permitted to reenter. Testing/registration may last 2-3 hours, although every effort will be made to keep on schedule. Candidates should therefore plan both their meal schedule and transportation arrangements accordingly. Specific information regarding the schedule of testing, directions to the site, etc. will be forwarded as your application is processed.

The following provides a broad outline of the scenarios that will be tested and the tasks the candidate is expected to perform. Candidates may be asked to perform or provide written or oral response in any of these areas. Each station is approximately 14 minutes long. The candidate will be provided with a brief background on the patient in each station except for the Diagnostic Imaging station. This station will be given x-ray studies for

evaluation.

#### STATION OUTLINES:

##### Case Management - Two Stations: Upper and Lower

1. Perform a focused examination of the joint. (Do not take more history).
  - a. Mechanism of injury
  - b. Epidemiology
  - c. Risk factors
  - d. Natural history of condition
  - e. Tissue involvement
2. Perform focused exam on related structures determining presence or absence of underlying pathologies.
3. Examination Procedures
  - a. Determine if advanced studies are needed (Example: X-ray)
  - b. Evaluate for loss of joint play
4. Differential Diagnosis
5. Treatment/Management Protocols
  - a. Manual procedures
    - i. Determine appropriate treatment protocol
      1. Soft tissue techniques
      2. Extremity adjusting
      3. Ancillary procedures
    - b. Be able to explain appropriateness of the technique in relation to the physiological goal (e.g. myofascial release to reduce adhesions, transverse friction massage to stimulate cellular response).
6. Exercise/Rehabilitation
7. Nutrition/Diet
8. Lifestyle modifications
9. Management/Referral/Prognosis/Return to play criteria

##### Emergency Management - Spinal Trauma (this may include head trauma).

1. Assessment of the situation
2. Performance of a primary survey
3. Performance of procedures necessary to stabilize the patient
  - a. CPR skills/Airway management
  - b. Spinal trauma/stabilization
4. Performance of a secondary survey
  - a. Stabilization of these injuries until the point of transfer to the appropriate emergency personnel.
  - b. Shock
  - c. Fracture management
  - d. Abdominal/chest injuries

e. Thermal/environmental injuries

All procedures must be performed by the candidate unless otherwise stated by the examiner (e.g. palpation of pulse). The examiner will give the results of each procedure to the candidate.

Emergency Management - Head Trauma (this may also include spinal trauma).

1. Assessment of the situation
2. Performance of an evaluation of the athlete
3. Provide a clinical impression
4. Discuss return to play criteria
5. All procedures must be performed unless otherwise stated by the examiner (e.g. palpation of pulse). The examiner will give the results of each procedure to the candidate.

Taping and Bracing

The candidate will be asked to perform two (2) procedures:

1. Ankle taping
2. Taping of one of the following areas:
  - a. Wrist
  - b. Thumb
  - c. Elbow
  - d. Lower leg
  - e. Arch of the foot
  - f. Trunk
  - g. Shoulder

The candidate will be evaluated for:

1. Indications/contraindications
2. Adequate preparation of the area
3. Correct position of the body area being taped
4. Proper application of the tape (e.g. no crimping or wrinkling of tape)
5. Proper removal of the tape

Diagnostic Imaging

The candidate will be given x-rays studies for evaluation. The candidate will be evaluated for:

1. Interpretation
2. Special Studies
3. Diagnosis
4. Treatment/Management

### **DACBSP® CERTIFICATION READING LIST**

This list is to serve as a guide for candidates pursuing ACBSP™ certification and educational institutions hosting preparatory courses for the DACBSP® examinations. Links are provided for applicable documents, when available, at <https://acbsp.com/certification/dacbsp/dacbsp-reading-list/>

Please note that due to the progressive nature of the ACBSP™ certifications DACBSP® certification candidates are responsible for maintaining knowledge of the information contained in the CCSP® certification reading list as well as additional readings designated specifically for the DACBSP® certification candidate. For the candidates' convenience the following list includes all suggested readings from the CCSP® certification reading list as well as

the additional readings for the DACBSP® candidate.

ISBN numbers are provided for texts where available. Enter the ISBN number that is shown after the colon at [www.isbnsearch.org](http://www.isbnsearch.org) and information regarding the publication will be shown as well as options for purchasing the book.

### **ACBSP™ POSITION STATEMENTS**

ACBSP™ Bloodborne Pathogen Position Statement (1999)

<https://secureservercdn.net/166.62.110.213/rvu.6e5.myftpupload.com/wp-content/uploads/2018/11/BLOODBORNE-PATHOGENS-OPINION-STATEMENT.pdf>

ACBSP™ Position Stand on Pre-participation Examinations (2015) <https://sciencedirect.com/science/article/pii/S1556370715000796>

### **OTHER POSITION STATEMENTS**

McCorry Paul, Meeuwisse Willem, Dvorak Jiri, et al. Consensus statement on concussion in sport— the 5th international conference on concussion in sport held in Berlin, October 2016. British Journal of Sports Medicine 2017:1–10. American College of Sports Medicine Position Statements and Team Physician Consensus Statements <https://secureservercdn.net/166.62.110.213/rvu.6e5.myftpupload.com/wp-content/uploads/2018/11/Consensus-statement-on-concussion-in-sport.pdf>

INTER-ASSOCIATION TASK FORCE FOR APPROPRIATE CARE OF THE SPINE CONSENSUS STATEMENT

1998 <https://secureservercdn.net/166.62.110.213/rvu.6e5.myftpupload.com/wp-content/uploads/2018/11/INTER-ASSOCIATION-TASK-FORCE-FOR-APPROPRIATE-CARE-OF-THE-SPINE-CONSENSUS-STATEMENT.pdf>

<https://secureservercdn.net/166.62.110.213/rvu.6e5.myftpupload.com/wp-content/uploads/2018/11/INTER-ASSOCIATION-TASK-FORCE-FOR-APPROPRIATE-CARE-OF-THE-SPINE-CONSENSUS-STATEMENT.pdf>

### **TEXTS**

American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, American Osteopathic Academy of Sports Medicine. PPE - preparticipation physical evaluation. 4th ed. American Academy of Pediatrics; 2010. ISBN-10: 158110376X; ISBN-13: 9781581103762

Baechle Thomas R., Earle Roger W. Essentials of strength training and conditioning. 3rd ed. Human Kinetics; 2008. ISBN-10: 0736058036; ISBN-13: 9780736058032

Brukner Peter, Khan Karim. Brukner & Khans clinical sports medicine. 5th ed. McGraw- Hill Education (Australia); 2016. ISBN-10: 1743761384; ISBN-13: 9781743761380

Cook Chad E., Hegedus Eric J. Orthopedic physical examination tests: an evidence-based approach. 2nd ed. Pearson; 2012. ISBN-10: 0132544784; ISBN-13: 9780132544788

Hammer Warren. Functional Soft Tissue Examination and Treatment by Manual Methods. 3rd ed. Jones & Bartlett Pub; 2007. ISBN-10: 0763752878; ISBN-13: 9780763752873

Hazinski Mary Fran. BLS for healthcare providers student manual. American Heart Association; 2011. ISBN – 13:9781584804949

OR American Red Cross CPR/AED for professional rescuers and health care providers handbook. 4th Yardley, PA: StayWell; 2011. ISBN – 9781584804949

Hyde Thomas E., Gengenbach Marianne S. Conservative management of sports injuries. 2nd ed. Jones and Bartlett; 2007. ISBN-10:0763732524; ISBN-13: 9780763732523

Marchiori Dennis M. Clinical imaging: with skeletal, chest, and abdomen pattern differentials. 3rd ed. Elsevier/Mosby; 2013. ISBN-10: 0323084958; ISBN-13: 9780323084956

Mistovich Joseph J., Karren Keith J., Hafen Brent. Prehospital emergency care. 11th ed. Pearson; 2013. ISBN-10: 0134704452; ISBN-13: 9780134704456

Perrin David H. Athletic taping and bracing. 2nd ed. Human Kinetics; 2005. ISBN-10: 0736048111; ISBN-13: 9780736048118

Yochum Terry R., Rowe Lindsay J. Yochum and Rowe's essentials of skeletal radiology. vol. 1 & 2. 3rd ed. Lippincott Williams & Wilkins; 2005. ISBN-10: 0781739462; ISBN-13: 9780781739467

Bergmann Thomas F., Peterson David H. Chiropractic technique: principles and procedures. Elsevier/Mosby; 2011. ISBN-10: 0323049699; ISBN-13: 9780323049696

Cameron Michelle H. Physical agents in rehabilitation: from research to practice. 3rd ed. Saunders/Elsevier; 2008. ISBN-10: 1416032576; ISBN-13: 9781416032571

Cook Chad. Orthopedic manual therapy. 2nd ed. Prentice Hall; 2011. ISBN- 10: 0138021732; ISBN-13: 9780138021733

Gulick Dawn. Sport notes: field & clinical examination guide. F.A. Davis Co.; 2008. ISBN- 10: 0803618751; ISBN-13: 9780803618756

Haldeman Scott. Principles and practice of chiropractic. McGraw-Hill, Medical Pub. Division; 2005. ISBN-10: 0071375341; ISBN-13: 9780071375344

MacAuley Domhnall, Best Thomas M. Evidence-based sports medicine. 2nd ed. BMJ Books; 2007. ISBN-10: 1405132981; ISBN-13: 9781405132985

O'Connor Francis G., Casa Douglas J. ACSMs sports medicine: a comprehensive review. Wolters Kluwer Health/Lippincott Williams & Wilkins; 2013. ISBN-10: 1451104251; ISBN-13: 9781451104257

Shamus Eric, Shamus Jennifer. Sports injury: prevention & rehabilitation. Mc Graw-Hill Medical Pub. Div.; 2001. ISBN-10: 0071354751; ISBN-13: 9780071354752

## **AMERICAN COLLEGE OF SPORTS MEDICINE POSITION STATEMENTS AND TEAM PHYSICIAN CONSENSUS STATEMENTS**

ACBSP™ recognizes the Position Statements and Team Physician Statements of the American College of Sports Medicine that are listed below. They can be found by [clicking here](#).

American Academy of Family Physicians, American Academy of Orthopaedic Surgeons, American College of Sports Medicine, American Medical Society for Sports Medicine,  
American Orthopaedic Society for Sports Medicine, American Osteopathic Academy of Sports



Medicine. Selected Issues for Nutrition and the Athlete: A Team Physician Consensus Statement. *Medicine & Science in Sports & Exercise* 2013;45(12):2378– 2386. [https://journals.lww.com/acsm-msse/Fulltext/2013/12000/Selected\\_Issues\\_for\\_Nutrition\\_and\\_the\\_Athlete\\_A.21.aspx](https://journals.lww.com/acsm-msse/Fulltext/2013/12000/Selected_Issues_for_Nutrition_and_the_Athlete_A.21.aspx)

American Academy of Family Physicians, American Academy of Orthopaedic Surgeons, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, The American Osteopathic Academy of Sports Medicine. Selected Issues in Injury and Illness Prevention and the Team Physician: A Consensus Statement. *Medicine & Science in Sports & Exercise* 2007;39(11):2058–2068. [https://journals.lww.com/acsm-msse/Fulltext/2007/11000/Selected\\_Issues\\_in\\_Injury\\_and\\_Illness\\_Prevention.23.aspx](https://journals.lww.com/acsm-msse/Fulltext/2007/11000/Selected_Issues_in_Injury_and_Illness_Prevention.23.aspx)

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#### **DACBSP® (responsible for ALL in CCSP reading list)**

Exercise and Acute Cardiovascular Events: Placing the Risks into Perspective

Exercise and Hypertension

Exercise and Physical Activity for Older Adults

Exercise and Type 2 Diabetes: American College of Sports Medicine and the American Diabetes

Mass Participation Event Management for the Team Physician: A Consensus Statement

Psychological Issues Related to Injury in Athletes and the Team Physician: A Consensus Statement

Quantity and Quality of Exercise for Developing and Maintaining Cardiorespiratory, Musculoskeletal, and

Neuromotor Fitness in Apparently Healthy Adults: Guidance for Prescribing

Selected Issues for the Adolescent Athlete and the Team Physician: A Consensus Statement

Selected Issues for the Master Athlete and the Team Physician: A Consensus Statement

#### **ADDITIONAL DACBSP® JOURNAL ARTICLES**

Appropriate Prehospital Care of the Spine Injured Athlete.

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#### **DACBSP® PRACTICAL EXPERIENCE REQUIREMENT POLICY**

Candidates for the DACBSP® certification must complete 250 credit hours of practical experience (Practicum) in addition to the 200-hour minimum of course instruction, successful completion of the written and practical examinations and written requirement.

Practical experience hours will be accepted:

1. From the point in time the doctor received his/her CCSP® or started a Sports Diplomate program. (The non-CCSP® enrolled in a Sports Diplomate course must complete the program before receiving full credit hours);
2. Up to three (3) years from completion of the Sports Diplomate program.

The following criteria will apply to the practical hour's requirement:

1. Two hundred-fifty (250) hours of hands-on experience are required.
2. Experience must be performed outside of the doctor's personal office.
3. Practical experience is calculated by applying the sliding credit scale in this document.
4. The review committee set up by the ACBSP™ verifies hours and considers applications of the sliding scale to hours obtained prior to having a CCSP® certification.

5. The doctor is required to submit verified hours prior to receiving their Diplomate certification.

The practical hours may be earned in (but may not be limited to) the following ways:

1. By working or observing at athletic or sporting events approved by the ACBSP™
2. By working or observing at other regional, national, or international events\*
3. By working or observing at a Rehabilitation Center +
4. By working as a verified team doctor
5. By assisting or observing a team doctor (No more than 100 hours)
6. By administering and performing multi-disciplinary pre-participation physical examinations (No more than 100 hours) +
7. By participating in the USOC Volunteer Program.
8. Working at an Olympic Training Center

Such events must be appropriately verified (see below)

+ Special criteria apply (see below)

The ACBSP™ board of directors will consider requests for deadline extensions on a case-by- case basis. Extension requests must be submitted in writing to the ACBSP™ national office and must give a detailed and thorough account of the extenuating circumstances that merit consideration for an exception to this policy. The candidate must make a compelling argument for the board's consideration and include the number of practical experience hours already completed and an explanation of all of the candidate's efforts made to remedy or address the situation that has contributed to the need to request an extension. Candidates requesting an extension must pay a \$50 processing fee.

If the board votes in favor of granting an extension, the candidate will be allowed up to a maximum of one additional year to complete the required number of practical experience hours. In addition to completing the required hours before the expiration of the extension deadline the candidate must also:

1. Attend an additional 12 hours of education of their choice from a DACBSP® program.
2. Submit a 500-word essay on the practical experience completed during the extension period.
3. Complete all other requirements as defined by the DACBSP® candidate handbook.

#### Verification Process

1. If time is worked through an event approved by the ACBSP™, written verification is performed by the event coordinator using the proper form.
2. Verification of events not approved by the ACBSP™ must be provided by the administrator. Administrators can consist of athletic directors, school principals, and administrators of various league sports. Verification forms for this purpose will be made available by the ACBSP™. No verification will be accepted from coaches. Alternate hours and verifications will be accepted only at Board discretion.

#### Rehabilitation Centers

1. Rehabilitation centers must be approved by the ACBSP™ or the postgraduate department of the program sponsoring school.
2. The ACBSP™ approved rehabilitation centers may include on-campus facilities, private enterprises or CARF approved facilities.

### Pre-Participation Sports Physical Examination

1. Exam program must be multi-station in format and use varied personnel in addition to the candidate. (Multi-disciplinary approach is required).
2. Exams include obtaining a health history, performing physical examinations, exercise testing (when applicable), and interpretation of results and making clearance decisions.
3. The candidate must attach a written report of the examination process, number of athletes examined and any unusual cases. All patient Personal Health Information must be protected by not including any identifying information in the report.

### Observation Credit

Partial credit may be obtained by the following categories of observation. Maximum credit is 40 hours per category.

1. Clinical and sports coverage performed by a DACBSP® in good standing with the ACBSP™.
2. Rounds performed with an orthopedic surgeon, physiatrist, or medical physician with a CAQ in sports medicine.
3. Observation time spent riding in an ambulance.
4. Observation time spent in an emergency room.
5. Time spent observing or working in an exercise physiology lab or athletic training room in a University or collegiate setting.

\*The observing doctor must prepare a narrative report of their observations and submit it to the appropriate committee in order to obtain credit.

### Sliding Scale for Practicum Hours

1. A candidate will receive 1.0 credit hour for each 1.0 hour of practical experience obtained after the doctor has received his/her CCSP®.
2. A Non-CCSP® will receive 1.0 credit hour for each 1.0 hour of practical experience obtained while enrolled in a Sports Diplomate program conforming to the ACBSP™ Bylaws.
3. A candidate will receive 0.5 credit hours for each 1.0 hour of practical experience obtained prior to receiving their CCSP®.

### DACBSP® PRACTICAL EXPERIENCE LOG COMPLETION INSTRUCTIONS

The following information is to be used for the reporting of the completion of practical experience hours required for the DACBSP® certification. Please read all information before submitting your hours.

Reviewing these guidelines will help to ensure your submitted hours will be accepted.

1. Submit a brief typewritten report on each events or portion of your practical experience. Please include information on what you observed or treated and attach it.
2. Ensure that you have proper verification of the hours.
  - a. If time is worked through an event approved by the ACBSP™, written verification is performed by the Event Coordinator using the proper form.
  - b. Verification of events not approved by the ACBSP™ must be provided by the administrator. Administrators may include athletic directors, school principals, and administrators of various league sports. Verification forms for this purpose will be made available by the ACBSP™. No verification will be accepted from coaches. Alternate verification will be accepted only at Board discretion.
3. Do not send your experience log in until you have fully completed your two hundred fifty hours of experience.

4. Email, fax, or mail the completed log to the ACBSP™ National Office. Please consult [www.acbsp.com](http://www.acbsp.com) for current contact information for the ACBSP™ National Office.

Remember to submit a brief typewritten description of your duties or observations to support your practical experience.

**PRACTICAL EXPERIENCE DOCTOR VERIFICATION FORM**

All fields, excluding the signature field, of this form may be completed on computer and then saved to print and sign.

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

OFFICE PHONE: \_\_\_\_\_ ALT. PREFERRED PHONE: \_\_\_\_\_

CCSP® Cert. Number: \_\_\_\_\_

SPORTS DIPLOMATE COLLEGE(S) ATTENDED: \_\_\_\_\_  
\_\_\_\_\_

**PRACTICAL EXPERIENCE VERIFICATION**

I verify that the information that I have submitted concerning my practical experience hours is true and correct. I understand that if any false information is included my postgraduate certification may be withheld.

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

TYPE NAME: \_\_\_\_\_

**SPORTS EVENT PARTICIPATION FORM**

All fields, excluding the signature field, of this form may be completed on computer and then saved to print and sign.

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EVENT DATE: \_\_\_\_\_ HOURS: \_\_\_\_\_

EVENT NAME: \_\_\_\_\_

RESPONSIBILITIES: \_\_\_\_\_

EVENT COORDINATOR  
SIGNATURE: \_\_\_\_\_

EVENT COORDINATOR COMMENTS:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*Please note Sports administrators, athletic directors and school principals are authorized to verify participation. Coaching staff members are not authorized to do so. Complete as many of the forms as necessary to record all hours served.



## DACBSP® WRITTEN REQUIREMENT POLICY

In order to satisfy the written requirement for certification as a Diplomate American Chiropractic Board of Sports Physicians® (DACBSP®), the candidate must complete this written requirement. Candidates are required to complete the written requirement within five (5) years of completion of the DACBSP® program coursework. The coursework is considered completed when the coursework term of enrollment has ended. The candidate submits the written project to the ACBSP™ home office.

All approved works are expected to contribute to the literature pertaining to sports medicine.

### Ethics Requirements.

All works must meet the following ethical requirements. Studies that collect information from human subjects must be reviewed in advance by an Institutional Board Review (IRB) and receive exemption or approval. If the author is uncertain, the study should be reviewed by an IRB to determine if IRB review is needed. Case studies or case series are exempt and do not require IRB review. Case studies or case series do require evidence of a patient’s signed consent for publication. Minor patients must have their guardian sign the consent. If you need an IRB review, please email your alma mater or Christine Lemke for IRB information at [christinelemke@scuhs.edu](mailto:christinelemke@scuhs.edu).

There are three accepted pathways to complete the written requirement.

### Option 1: Provide Proof of a Paper Published or Accepted for Publication.

Published Work: The paper must be (or have been) accepted by a referred and indexed scientific journal.

#### Work Accepted for Publication:

Evidence is required that demonstrates a paper is accepted for publication in a referred and indexed scientific journal. Acceptance for “consideration to publish” does NOT meet the written requirement.

Publication Requirements Criteria. The ACBSP™ requires all submitted papers meet one of the following criteria:

Research (original study, literature reviews, qualitative or quantitative studies, etc.)	No more than three (3) authors seeking credit for the written requirement. There may be more than five (5) total authors.
Case study/series	No more than two (2) authors seeking credit for the written requirement. There may be more than two total authors.

### Option 2: Book Chapter or Book Publication

All books or book chapters will be reviewed by an ACBSP™ appointed review committee to determine the acceptance of the work.

#### Project Choices and Evaluations Criteria

1. Publish one (1) book or one (1) chapter in a book
  - a. Evaluation Criteria
    - i. Topic must be relevant to sports medicine.
    - ii. Appropriate in detail and length.
    - iii. Properly supported conclusions.

- iv. Writing is clear and in a professional style.
- v. Properly referenced.

Book or book chapter	No more than two (2) authors seeking credit for the written requirement. There may be more than two total authors.
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**Option 3:** Accepted Presentation at a Sports or Scientific Conference, including the ACBSP™ Chiropractic Sports Science Symposium

The evidence of a qualified presentation must be related to an original work completed and approved by the ACBSP™. ACBSP™ Chiropractic Sports Science Symposium submissions must meet the ACBSP™ abstract guidelines. All presentations will be blinded and reviewed by an ACBSP™ appointed review committee to determine approval.

- 1. Presentations outside the ACBSP™ Chiropractic Sports Science Symposium must be pre-approved. Authors requesting recognition for the written requirement must be present for the podium or poster presentation(s).

Presentation at an ACBSP Sports Sciences Symposium or other sports conference	No more than two (2) authors seeking credit for the written requirement. There may be more than two total authors.
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If a submission has been rejected for reasons other than plagiarism or fraudulent data, the author will be referred to the ACBSP™ Mentorship Committee to assist candidates with the writing process. The candidate shall contact the ACBSP™ to engage the Mentorship Committee.

Presentations at other conferences may also be considered. Examples of ACBSP™ approved organizations include:

- American College of Sports Medicine (ACSM);
- National Strength and Conditioning Association (NSCA);
- World International Olympic Committee Congress on Sports Science (IOC);
- American Academy of Orthopedic Surgeons (AAOS);
- National Association of Athletic Trainers (NATA);
- American Physical Therapy Association (APTA);
- American Orthopedic Society of Sports Medicine (AOSSM).

## CODE OF ETHICS

### Introduction

The American Chiropractic Board of Sports Physicians™ (ACBSP™ or Board) is a voluntary, non-profit, professional credentialing board, which certifies qualified chiropractic doctors, physicians, and practitioners engaged in the field of sports medicine who has met the professional knowledge standards established by the Board. Regardless of any other professional affiliation, the ACBSP™ Code of Ethics (Code) applies to: all individuals certified by the ACBSP™ as a Certified Chiropractic Sports Physicians/Practitioner® (CCSP®), or as a Diplomate of the American Chiropractic Board of Sports Physicians® (DACBSP®); and, those individuals seeking ACBSP™ certification (candidates). The Code serves as the minimal ethical standards for the professional

behavior of ACBSP™ certificants and candidates.

The Code is designed to provide both appropriate ethical practice guidelines and enforceable standards of conduct for all certificants and candidates. The Code also serves as a professional resource for chiropractic physicians and practitioners, as well as for those served by ACBSP™ certificants and candidates, in the case of a possible ethical violation.

#### [Preamble/General Guidelines](#)

Among other primary goals, the ACBSP™ is dedicated to the implementation of appropriate professional standards designed to serve patient welfare and the profession. First and foremost, ACBSP™ practitioners give priority to patient interests, and act in a manner that promotes integrity and reflects positively on the profession, consistent with accepted moral, ethical and legal standards.

Generally, an ACBSP™ certificant or candidate has the obligation to:

- Deal fairly with all patients in a timely fashion, and provide quality chiropractic services to patients, by utilizing all necessary professional resources in a technically appropriate and efficient manner, and by considering the cost-effectiveness of treatments;
- Respect and promote the rights of patients by offering only professional services that he/she is qualified to perform, and by adequately informing patients about the nature of their conditions, the objectives of the proposed treatment, treatment alternatives, possible outcomes, and the risks involved;
- Maintain the confidentiality of all patient information, unless: the information pertains to illegal activity; the patient expressly directs the release of specific information; or, a court or government agency lawfully directs the release of the information.
- Avoid conduct which may cause a conflict with patient interests, and disclose to patients any circumstances that could be construed as a conflict of interest or an appearance of impropriety, or that could otherwise influence, interfere with, or compromise the exercise of independent professional clinical judgment;
- Engage in moral and ethical business practices by providing accurate and truthful representations concerning his/her professional qualifications and other relevant information in advertising and other representations; and,
- Further the professionalism of the specialty of chiropractic sports medicine by: being truthful with regard to research sources, findings, and related professional activities; maintaining accurate and complete research records; and, respecting the intellectual property and contributions of others.

#### [Section A: Compliance with Laws, Policies, and Rules Relating to the Profession](#)

1. The certificant/candidate will be aware of, and comply with, all applicable federal, state, and local laws and regulations governing the profession. The certificant/candidate will not knowingly participate in, or assist, any acts in violation of applicable laws and regulations governing the profession. Lack of awareness or misunderstanding of these laws and regulations does not excuse inappropriate or unethical behavior. The certificant/candidate will be responsible for understanding these obligations.
2. The certificant/candidate will be aware of, and comply with, all ACBSP™ rules, policies, and procedures. Lack of awareness or misunderstanding of an ACBSP™ rule, policy, or procedure does not excuse inappropriate or unethical behavior. The certificant/candidate will not knowingly participate in, or assist, any acts of violation of any ACBSP™ rules, policies, and procedures. The certificant/candidate will be responsible for understanding these obligations.
3. The certificant/candidate will make appropriate efforts to promote compliance with, and awareness of,

all applicable laws, regulations, and ACBSP™ rules and policies governing the profession.

4. The certificant/candidate will make appropriate efforts to prevent violations of all applicable laws, regulations, and ACBSP™ rules and policies governing the profession.
5. The certificant/candidate will provide accurate and truthful representations of all eligibility information and will submit valid application materials for fulfillment of current certification and recertification requirements.
6. The certificant/candidate will maintain the security, and prevent the disclosure, of ACBSP™ Certification Program examination information and materials.
7. The certificant/candidate will report any possible violations of this Code of Ethics to the appropriate government authority and to the appropriate ACBSP™ representative upon a reasonable and clear factual basis.
8. The certificant/candidate will cooperate fully with the ACBSP™ concerning the review of possible ethics violations and the collection of related information.

#### Section B: Professional Practice Obligations

1. The certificant/candidate will deliver competent chiropractic treatment or services in a timely manner and will provide quality patient care applying appropriate professional skill and competence.
2. The certificant/candidate will recognize the limitations of his/her professional ability and will only provide and deliver professional services for which he/she is qualified. The certificant/candidate will be responsible for determining his/her own professional abilities based on his/her education, knowledge, competency, and extent of practice experience in the field and other relevant considerations.
3. The certificant/candidate will use all health-related resources in a technically appropriate and efficient manner.
4. The certificant/candidate will provide chiropractic services based on patient needs and the cost-effectiveness of treatments and will avoid unnecessary treatment or services. The certificant/candidate will provide treatment that is both appropriate and necessary to the condition of the patient.
5. The certificant/candidate will exercise diligence and thoroughness in providing patient care, and in making professional diagnoses and recommendations solely for the patient's benefit, free from any prejudiced or biased judgment. The certificant/candidate who offers his/her services to the public will not decline a patient based on age, gender, race, color, sexual orientation, national origin, or any other basis that would constitute unlawful discrimination.
6. The certificant/candidate will provide appropriate professional referrals when it is determined that he/she is unable to provide competent professional medical assistance.
7. The certificant/candidate will prepare and maintain all necessary, required, or otherwise appropriate records concerning his/her professional practice, including all records related to treatment of his/her patients.
8. The certificant/candidate will consult with other health care professionals when such consultation is appropriate, or when requested by the patient.
9. The certificant/candidate will not act in a manner that may compromise his/her clinical judgment or his/her obligation to deal fairly with all patients. The certificant/candidate will not allow medical conditions, personal problems, psychological distress, substance abuse, or mental health difficulties to interfere with his/her professional clinical judgment or performance.
10. The certificant/candidate will be truthful and accurate in all advertising and representations concerning qualifications, experience, competency, and performance of services, including representations related to professional status and/or areas of special competence. The certificant/candidate will not make false or deceptive statements concerning his/her: training, experience, or competence; academic training or degrees; certification or credentials; institutional or association affiliations; services, or, fees for services.

11. The certificant/candidate will not make explicit or implicit false or misleading statements about, or guarantees concerning, any treatment or service, orally or in writing.

#### Section C: Requirements Related to Research and Professional Activities

1. The certificant/candidate will be accurate and truthful, and otherwise act in an appropriate manner, with regard to research findings and related professional activities, and will make reasonable and diligent efforts to avoid any material misrepresentations.
2. The certificant/candidate will maintain appropriate, accurate, and complete records with respect to research findings and related professional activities.
3. When preparing, developing, or presenting research information and materials, the certificant/candidate will not copy or use, in substantially similar form, materials prepared by others without acknowledging the correct source and identifying the name of the author or publisher of such material.
4. The certificant/candidate will respect and protect the intellectual property rights of others and will otherwise recognize the professional contributions of others.

#### Section D: Conflict of Interest and Appearance of Impropriety Requirements

1. The certificant/candidate will not engage in conduct that may cause an actual or perceived conflict between his/her own interests and the interests of his/her patient. The certificant/candidate will avoid conduct that causes an appearance of impropriety.
2. The certificant/candidate will act to protect the interests and welfare of the patient before his/her own interests, unless such action is in conflict with any legal, ethical, or professional obligation. The certificant/candidate will not exploit professional relationships for personal gain.
3. The certificant/candidate will disclose to patients any circumstance that could be construed as a conflict of interest or an appearance of impropriety, or that could otherwise influence or interfere with the exercise of professional judgment.
4. The certificant/candidate will refrain from offering or accepting inappropriate payments, gifts, or other forms of compensation for personal gain, unless in conformity with applicable laws, regulations, and ACBSP™ rules and policies.
5. The certificant/candidate will avoid conduct involving inappropriate, unlawful, or otherwise unethical monetary gain.

#### Section E: Compensation and Referral Disclosure Requirements

1. The certificant/candidate will charge fair, reasonable, and appropriate fees for all professional services.
2. The certificant/candidate will charge fees that accurately reflect the services and treatment provided to the patient. When setting fees, the certificant/candidate will consider: the length of time he/she has been practicing in this particular field; the amount of time necessary to perform the service; the nature of the patient's condition; his/her professional qualifications and experience; and, other relevant factors.
3. The certificant/candidate will make all appropriate disclosures to patients and prospective patients regarding any benefit paid to others for recommending or referring his/her services.
4. The certificant/candidate will make all appropriate disclosures to patients and prospective patients regarding any benefit received for recommending or referring the services of another individual.

#### Section F: Confidentiality Requirements

1. The certificant/candidate will maintain and respect the confidentiality of all patient information

obtained in the course of a professional relationship, unless: the information pertains to illegal activity; the patient expressly directs the release of specific information; or, a court or government agency lawfully directs the release of the information.

2. The certificant/candidate will respect and maintain the privacy of his/her patients.

#### Section G: Misconduct Prohibitions

1. The certificant/candidate will not engage in any criminal misconduct.
2. The certificant/candidate will not engage in any sexual, physical, romantic, or otherwise intimate conduct with a current patient or with a former patient within two years following the termination of the patient relationship.
3. The certificant/candidate will not engage in conduct involving dishonesty, fraud, deceit, or misrepresentation in professional activities.
4. The certificant/candidate will not engage in unlawful discrimination in professional activities.
5. The certificant/candidate will avoid any behavior clearly in violation of accepted moral, ethical, or legal standards that may compromise the integrity of, or reflect negatively on, the profession.

#### ETHICS CASE PROCEDURES INTRODUCTION

The ACBSP™ develops and promotes high ethical standards for certified chiropractic doctors, physicians and practitioners, and requires that Certified Chiropractic Sports Physicians® and Diplomate American Chiropractic Board of Sports Physicians® meet these standards. The following disciplinary procedures are the only rules for processing possible violations of these ethical standards and are applicable to CCSP® and DACBSP® certificants, as well as those who are seeking certification from the ACBSP™. CCSP® or DACBSP® certificants and candidates seeking certification or recertification agree that: these procedures are a fair process for resolving all ethics matters; they will be bound by decisions made pursuant to these procedures; these procedures are governed by the principles of the law of the State of Iowa; and these procedures do not constitute a contract between the ACBSP™ and the candidate or certificant.

#### GENERAL PROVISIONS

##### 1. *Nature of the Process.*

The ACBSP™ has the only authority to end any ethics matter, regardless of circumstances. By applying for certification or recertification, CCSP® or DACBSP® candidates and certificants agree that they will not challenge the authority of the ACBSP™ to apply the Code of Ethics, the Ethics Case Procedures, or other applicable policies to resolve ethics matters. These ethics procedures are not formal legal proceedings, so many legal rules and practices are not observed, and the procedures are designed to operate without the assistance of attorneys. Any party, of course, may be represented by an attorney with respect to an ethics matter. If a party has retained an attorney, that attorney may be directed to communicate with the ACBSP™ solely through the ACBSP™ Legal Counsel. The parties are encouraged to communicate directly with the ACBSP™. The ACBSP™ may use the services of ACBSP™ Legal Counsel without limitation.

##### 2. *Participants.*

Ethics cases may be decided by the ACBSP™ Ethics and Disciplinary Review Committee (Ethics Committee), the Board of Directors, and/or any other authorized designee. A CCSP® or DACBSP® certificant or candidate who is the subject of an ethics complaint or investigation will be the respondent. The person(s) initiating an ethics complaint will be the complainant(s).

##### 3. *Time Requirements.*

The ACBSP™ will make every effort to follow the time requirements noted in this document. However, the ACBSP™'s failure to meet a time requirement will not prohibit the final resolution of any ethics matter.

Complainants and respondents are required to comply with all time requirements specified in these procedures. Time extensions or postponements may be granted by the ACBSP™ if a timely written request explains a reasonable cause.

4. *Litigation/Other Proceedings.*

The ACBSP™ may accept and resolve ethics complaints when civil or criminal litigation or other proceedings related to the complaint have been, or are presently, before a court, regulatory agency, or professional body. The ACBSP™ may also continue or delay the resolution of any ethics complaints in such cases.

5. *Improper Disclosure.*

The ACBSP™ may issue any appropriate directive(s) where a CCSP® or DACBSP® candidate or certificant provides a misleading disclosure, or fails to disclose requested information, related to certification or recertification or to an ethics complaint, disciplinary proceeding, or similar matter. Where a discipline, order, or other directive is issued by the ACBSP™ under this Section, the candidate or certificant involved may seek review and appeal pursuant to these procedures.

6. *Time Limitations Concerning Complaints.*

The ACBSP™ may consider any ethics complaint, regardless of: whether the respondent held a CCSP® or DACBSP® credential at the time of the alleged violation; when the alleged violation occurred; or, whether the respondent continues to hold or seek a CCSP® or DACBSP® credential during the course of any ethics case.

7. *Confidentiality.*

In order to protect the privacy of the parties involved in an ethics case, all material prepared by, or submitted to, the ACBSP™ will be confidential, unless otherwise authorized by these procedures. The identities of all members of the Ethics Committee shall remain confidential and will not be released without the specific authorization of each member. Among other information, the ACBSP™ will not consider the following materials to be confidential: materials which are disclosed as the result of a legal requirement; upon the written request of a candidate or certificant, any certification information which he/she would like made available to other credentialing or professional organizations, or similar bodies; and, all final published rulings of the Ethics Committee or the Board of Directors.

Until an ethics case has been closed or finalized pursuant to Section H, all parties and participants must maintain the confidentiality of all information related to the ethics case, including its existence, consistent with these rules. If any party discloses information related to the ethics case contrary to these rules, the Ethics Committee and/or the Board of Directors may terminate the ethics complaint if such disclosure is by the complainant; or may impose any sanction included within these rules if such disclosure is by the respondent.

8. *Failure to Cooperate.*

If any party refuses to fully cooperate with the ACBSP™ concerning matters arising under these procedures without good and sufficient cause, the ACBSP™ may: terminate the ethics complaint of an uncooperative complainant; or, impose any sanction included within these rules if a respondent is uncooperative. Where a discipline, order, or other directive is issued by the ACBSP™ under this Section, the candidate or certificant involved may seek review and appeal pursuant to these procedures.

9. *Resignation from the ACBSP™.*

Should a respondent attempt to relinquish CCSP® or DACBSP® certification or withdraw an application during the course of any ethics case, the ACBSP™ reserves the right to continue the matter to a final and binding resolution according to these procedures.



## SUBMISSION OF ETHICS COMPLAINTS/ACCEPTANCE OR REJECTION

### 1. Ethics Disciplinary Review Committee (Ethics Committee).

Any person, group, organization, or in appropriate cases, the ACBSP™, may initiate an ethics complaint. Each complainant must submit to the Ethics Committee a detailed written description of the factual allegations supporting the ethics complaint. The Ethics Committee will be responsible for the investigation and resolution of each ethics complaint. Upon receipt of a complaint, the Committee will determine whether sufficient detail is presented to constitute a formal Ethics Complaint and to permit the Committee to conduct an appropriate review.

### 2. Acceptance/Rejection Criteria.

In order to determine if an ethics complaint is accepted or rejected, the Ethics Committee will consider whether: a proven complaint would constitute a violation of the Code of Ethics; the passage of time since the alleged violation requires that the complaint be rejected; relevant, reliable information or proof concerning the charge is available; the complainant is willing to provide testimony or other evidence concerning the complaint; and, the charge appears to be justified or insupportable, considering the proof available.

### 3. Complaint Acceptance.

Upon a determination that an ethics complaint is appropriate, the Ethics Committee will issue a formal Ethics Complaint Notice identifying each Code of Ethics violation alleged and the supporting factual basis for each complaint. This Notice will be delivered to the respondent, at the last known address(es) by regular mail, email, and/or other appropriate delivery service, and will be marked “Confidential.”

### 4. Ethics Complaint Response.

Within thirty (30) days of the mailing date of an Ethics Complaint Notice, the respondent must submit a response to the Ethics Committee. The Ethics Complaint Response must include a full response to each complaint, a copy of each document relevant to the resolution of the Ethics Complaint, and any other information that the respondent believes will assist the Ethics Committee in considering the Ethics Complaint fairly. If the respondent does not respond to the Ethics Complaint Notice, or is otherwise unreachable, the Ethics Committee will determine whether to issue an Ethics Complaint based on the then current complaint record. If an Ethics Complaint is issued, the Ethics Committee will complete a review of the ethics case and issue a decision.

### 5. Response Deficiencies.

The Ethics Committee may require the respondent to supplement or expand an Ethics Complaint Response.

### 6. Optional Reply to Ethics Complaint Response.

The Ethics Committee will forward a copy of the Ethics Complaint Response to the complainant within approximately ten (10) days following the receipt of the Response by the ACBSP™. The complainant may submit a Reply to the respondent’s Ethics Complaint Response by letter or similar document within ten (10) days of the mailing date of the Response to the complainant. If submitted, this Reply must fully explain any objections that the complainant wishes to present to the Ethics Committee concerning the Ethics Complaint Response.

### 7. Optional Response to Complainant Reply.

If an optional Reply to the Ethics Complaint Response is submitted by the complainant, the Ethics Committee will forward a copy of the Reply to the respondent within approximately ten (10) days following



the receipt of the Reply by the ACBSP™. The respondent may submit a Response to the complainant's Reply by letter or similar document within ten (10) days of the mailing date of the Reply to the respondent. If submitted, the Response must fully explain, and is limited to, any objections that the respondent wishes to present to the Ethics Committee concerning the complainant's Reply to the Ethics Complaint Response.

#### 8. Complaint Rejection.

If the Ethics Committee determines that an allegation should not be a formal ethics complaint, the Committee will notify the complainant in writing of the rejection and its basis.

#### 9. Appeal of Complaint Rejection Determination.

Within thirty (30) days of the mailing of a complaint rejection letter, the complainant may appeal to the ACBSP™ Board of Directors by stating in writing: the procedural errors possibly made by the Ethics Committee with respect to the charge rejection, if any; the specific provisions of the Code of Ethics believed violated; and, the specific information believed to support the acceptance of the complaint.

### MEDIATION

1. Cases Appropriate for Mediation. All Ethics Complaints will be reviewed by the Ethics Committee to determine whether the ethics matter is appropriate for resolution by mediation. The Ethics Committee will consider the seriousness of the allegations, the respondent's background, prior conduct, and any other pertinent material, and make a decision concerning the likelihood that the matter can be resolved fairly without formal disciplinary proceedings as described in these procedures. Ethics cases concerning charges issued by a regulatory agency or professional body, and those involving criminal litigation, are not appropriate for mediation.
2. Mediation Determination. Should the Ethics Committee determine that a particular ethics matter is appropriate for mediation, the Committee will attempt to resolve the dispute to a fair and just conclusion.
3. Successful Mediation. The Ethics Committee will prepare a report outlining the terms of the final mediated resolution of an ethics case or will refer the case to the Board of Directors for review.
4. Unsuccessful Mediation. The Ethics Committee will notify the Board of Directors in the case of mediation failure and process the ethics matter according to these procedures.

### PRELIMINARY ACTIONS AND ORDERS

1. Voluntary Temporary Suspension of Certification. At any time following the issuance of a formal Ethics Complaint, the respondent may be asked to agree to and sign a Voluntary Temporary Suspension Agreement stating that he/she will voluntarily and immediately cease from representing himself or herself as certified or otherwise endorsed by the ACBSP™ until further notice, in addition to any other directives issued by the ACBSP™.
2. Involuntary Suspension of Certification. If a respondent fails to agree to and sign a Voluntary Temporary Suspension Agreement, the Ethics Committee may issue an Order suspending the respondent's certification(s) until the final resolution of the Complaint. Suspension Orders are authorized when:
  - a. The respondent has been indicted for, similarly charged with, or convicted of any violation of criminal law under statute, law or rule;
  - b. The respondent is the subject of a formal complaint, similar charge, and/or investigation, or has been found in violation of any law, regulation or rule, by a professional regulatory body;
  - c. The respondent is the subject of a formal complaint, similar charge, and/or investigation concerning an ethics or disciplinary matter, or has been found in violation of an ethics code, by a professional association or credentialing body; or,

- d. The respondent is the subject of litigation or a petition relating to his/her chiropractic sports medicine practice(s).
3. Other Preliminary Orders. The Ethics Committee or the Board of Directors may require the respondent to do, or to refrain from doing, certain acts by preliminary and temporary Order reasonably related to the Complaint under consideration. The Ethics Committee or the Board of Directors may discipline a respondent who fails to comply with a temporary or preliminary order. Preliminary and temporary orders are not subject to appeal.

#### ETHICS DISCIPLINARY REVIEW COMMITTEE COMPLAINT HEARINGS

1. Ethics Committee. The Board of Directors will appoint at least seven (7) ACBSP™ representatives to serve as the Ethics Committee to investigate and resolve each ethics complaint matter, including four (4) DACBSP® and three (3) CCSP® certificants. The members of the Ethics Committee will elect a Chair by majority vote, who will preside over each Ethics Complaint Hearing. Three (3) disinterested members of the Ethics Committee will be assigned to each case and will conduct an informal Ethics Complaint Hearing designed to collect and weigh all of the available information and proof, and will have full authority to convene, preside over, continue, decide, and conclude an ethics hearing.
2. Hearing Schedule, Notice, and Attendance. The hearing date, time, and location for each ethics case will be scheduled by the Ethics Committee in consultation with the parties, and both parties will be notified in writing. Each party may attend the hearing in person, or via telephone conference where all participants will be able to hear each other.
3. Participation of Legal Representatives. Should the ACBSP™ Legal Counsel be present at an Ethics Complaint Hearing, Legal Counsel shall have the privilege of the floor and may conduct the hearing with the Ethics Committee. Legal or other representatives of the parties do not have such privilege and are bound by the determinations and rulings of the Ethics Committee and ACBSP™ Legal Counsel. No formal legal rules of evidence, cross-examination, oath, and other procedures will apply to hearings. The CCSP® or DACBSP® candidate or certificant, or a legal representative, will be permitted to ask questions of witnesses at the discretion of the Ethics Committee. Objections relating to relevance of information and other procedural issues will be decided by the Ethics Committee and these decisions are not subject to appeal.
4. Record of the Hearing. A taped, written or other record of the hearing will be made by the Ethics Committee, another ACBSP™ representative, or a stenographer/recorder, as determined by the Committee.
5. Hearing Expenses. Parties will be responsible for their expenses associated with the case. The ACBSP™ will bear other general costs of conducting the hearing, including costs associated with the activities of ACBSP™ representatives.
6. Closing of the Hearing Record. Any ethics hearing may proceed to a conclusion and decision whether or not the parties are present based on the appropriate written record, as determined by the Ethics Committee. The Ethics Committee will review the hearing record, as well as any submissions presented by the parties and other relevant information, and thereafter, will determine the outcome of the ethics matter by majority vote in a closed session. The hearing record will be closed following the conclusion of the hearing, unless otherwise directed by Ethics Committee.
7. Ethics Committee Decision and Order. A Decision and Order will be prepared by the Ethics Committee after the closing of the record, which will include: a summary of the case, including the positions of the parties; a summary of all relevant factual findings based on the record of the hearing; a final ruling on each Code of Ethics violation charged; and, a statement of any disciplinary action(s) and other directives issued by the Committee. Copies of the Ethics Committee Decision and Order shall be sent to the parties. The parties will also be notified that the final decision may be published consistent with the

requirements of these procedures.

8. Disciplinary Actions Available. When a respondent has been found to have violated one or more provisions of the Code of Ethics, the ACBSP™ may issue and order one or more of the following disciplinary or remedial actions:
  - a. The denial and rejection of any certification or recertification application;
  - b. Specific training, supervision and/or instruction concerning his or her professional activities;
  - c. Private reprimand and censure, including any conditions or directives;
  - d. Public reprimand and censure, including any conditions or directives;
  - e. Certification probation for any period up to three (3) years, including any conditions or directives;
  - f. Suspension of certification for a period of no less than six (6) months and no more than two (2) years, including any conditions or directives; and,
  - g. Revocation of certification, including any directives.

#### BOARD OF DIRECTORS/APEAL

1. Time Period for Submitting Appeal. Within thirty (30) days of the mailing date of an adverse Ethics Committee Decision and Order, the respondent may submit a written appeal of all or a portion of the Decision and Order to the Board of Directors consistent with the requirements of these procedures.
2. Grounds for Appeal. An adverse Ethics Committee Decision and Order may be reversed, or otherwise modified by the Board of Directors. However, the grounds for appeal of an adverse decision are strictly limited to the following:
  - a. New or Previously Undiscovered Information. Following the closing of the hearing record, the respondent has located relevant proof that: was not previously in his/her possession; was not reasonably available prior to closure of the record; and, could have affected the Ethics Committee decision;
  - b. Contrary to the Information Presented. The Ethics Committee decision is contrary to the most substantial information provided in the record;
  - c. Procedural Error. The Ethics Committee misapplied a procedure contained in these rules and prejudiced the respondent; or,
  - d. Misapplication of the Ethics Code. The Ethics Committee decision contains the misapplication of the provisions contained in the Code of Ethics and the misapplication prejudiced the respondent;
  - e. With respect to Subsections 2.c. and 2.d. above, the Board of Directors will consider only arguments that were presented to the Ethics Committee prior to the closing of the hearing record.
3. Contents of Appeal Letter. The respondent must submit a letter or other written document to the Board of Directors and to the complainant which contains the following information and material: the ethics case name, docket number, and the date that the Ethics Committee decision was issued; a statement and complete explanation of the reasons for the appeal under Section F.2, including any reduction in discipline, or other modification of the decision issued by Ethics Committee; and, copies of any material supporting the appeal.
4. Appeal Deficiencies. The Board of Directors may require respondent to clarify, supplement, or amend an appeal submission.
5. Appeal Rejection. If the Board of Directors determines that an appeal does not meet the appeal requirements or otherwise warrant further formal review, consistent with the requirements set forth in these procedures, the appeal will be rejected. The complainant and respondent will be notified of the

rejection, as well as the reason(s) for the rejection, by letter within approximately twenty-one (21) days of the determination. Appeal rejection determinations are not subject to appeal.

6. Optional Reply to Appeal Letter. Within fifteen (15) days of the mailing date of a respondent's appeal, the complainant may submit to the Board of Directors a Reply to the Appeal by letter or similar document. If submitted, this Reply must fully explain any objections that the complainant wishes to present to the Board of Directors concerning the appeal.
7. Optional Response to Complainant Reply. If an optional Reply to the Appeal is submitted by the complainant, the Board of Directors will forward a copy of the Reply to the respondent within approximately ten (10) days following the receipt of the Reply by the ACBSP™. The respondent may submit a Response to the complainant's Reply by letter or similar document within ten (10) days of the mailing date of the Reply to the respondent. If submitted, the Response must fully explain, and is limited to, any objections that the respondent wishes to present to the Board of Directors concerning the complainant's Reply to the Appeal.

#### BOARD OF DIRECTORS APPEAL HEARINGS

1. Board of Directors. The Board of Directors will appoint at least three (3) disinterested Directors to serve as the Board to resolve each ethics appeal. The members of the Board will elect a Chair by majority vote, who will preside over each Appeal Hearing. Three (3) disinterested members of the Board will be assigned to each case, and will have full authority to convene, preside over, continue, decide, and conclude an ethics appeal.
2. Appeal Hearings. Following receipt of a complete and proper written appeal, the Board of Directors will schedule a date on which to conduct an appeal hearing, and the parties will be notified of the date in writing. The Board will review the hearing record, as well as any appeal submissions presented by the parties and other relevant information, and thereafter, will determine the outcome of the appeal by majority vote in a closed session.
3. Request to Appear Before the Board of Directors. Either party may request the opportunity to appear before the Board of Directors in writing at least thirty (30) days prior to the date scheduled for the Appeal Hearing. In the event that a request to appear before the Board of Directors is approved, the Board may limit the appearance in any manner. Denials of requests to appear before the Board are not subject to appeal.
4. Board of Directors Decision and Order. Following the conclusion of an Appeal Hearing, the Board of Directors will issue an Appeal Decision and Order stating and explaining the outcome of the appeal, and including: a summary of any relevant portions of the Ethics
5. Committee Decision and Order; a summary of any relevant procedural or factual findings made by the Board of Directors; the Board's ruling(s) and decisions with respect to the matters under appeal; and, the Board's final Order affirming, reversing, amending or otherwise modifying any portion of the Ethics Committee Decision and Order, including any final disciplinary action or sanction issued by the Board. Copies of the Board of Directors Decision and Order shall be sent to the parties. The parties will also be notified that the final decision may be published consistent with the requirements of these procedures.

#### FINALIZING ETHICS CASES

1. Events Which Will Cause Closure of an Ethics Case. An ethics case will be closed when any of the following occur: the ethics case has been rejected pursuant to these procedures; a final decision has been issued by the Ethics Committee and/or the Board of Directors pursuant to these procedures without appeal; or, an Ethics Complaint has been terminated or withdrawn by the complainant(s).
2. Events Which Will Cause an Ethics Case Decision and Order to Become Final. The Ethics Case Decision and Order issued by the Ethics Committee that is not appealed within the prescribed time requirements

will be considered final. The Ethics Case Decision and Order issued by the Board of Directors will be considered final.

3. Referral and Notification Action. The ACBSP™ may notify appropriate governmental, professional, or similar bodies of any disciplinary action taken against a respondent by sending a copy of the final Ethics Case Decision and Order issued by the Ethics Committee and/or the Board of Directors, or by sending another appropriate notice. This notification may be done at any point after the time period for the respondent to appeal an adverse decision has elapsed. During the appeal period, the ACBSP™ may respond to inquiries regarding the existence of ethics cases and indicate the existence of such proceedings.
4. Publication of Final Disciplinary Action. Following the lapse of any appeal rights and upon case closure, the ACBSP™ may release or publish a notification of a final Ethics Case Decision and Order following the issuance of an adverse Ethics Committee or Board of Directors ruling. Any party or interested individual may request publication of any final decision, consistent with these procedures. However, the Ethics Committee or Board of Directors may deny such requests, and such decisions cannot be appealed.

#### REVOCAION, SUSPENSION, AND PROBATION ORDERS/REAPPLICATION AND REINSTATEMENT PROCEDURES

1. Revocation Orders/Reapplication Petition. Five (5) years after the issuance of a final revocation order issued under these procedures, a respondent may submit to the Board of Directors a Petition For Permission To Reapply For Certification, which will include: a statement of the relevant ethics case name, docket number, and the date that the final Ethics Decision and Order was issued; a statement of the reasons that support or justify the acceptance of the Reapplication Petition; and, copies of any relevant documentary or other material supporting the Petition.
2. Suspension Orders/Reinstatement Requests. After the expiration of a final suspension order issued under these procedures, a respondent may submit to the Board of Directors a Request For Certification Reinstatement, which will include: a statement of the relevant ethics case name, docket number, and the date that the final Ethics Decision and Order was issued; a statement of the reasons that support or justify the acceptance of the Reinstatement Request; and, copies of any relevant documentary or other material supporting the Request.
3. Probation Orders/Reinstatement or Referral. Following the expiration of a final probation order under these procedures, the Board of Directors will determine whether the respondent has satisfied the terms of the probation order, and will do the following: if the respondent has satisfied the terms of probation in full, the Board will immediately verify that the probation has been completed and reinstate the individual to full certification status; or, if the respondent has not satisfied the terms of probation in full, the Board will issue any appropriate action consistent with these procedures.
4. Board of Directors Reapplication Petition and Reinstatement Request Decisions. Following the submission of a complete Reapplication Petition or Reinstatement Request, the Board of Directors will schedule and conduct a hearing to review and rule on the Petition or Request. Each Petition or Request will be considered by a quorum of the Board. During these deliberations, the Board of Directors will review the information presented by the respondent and any other relevant information. The Board will then determine the outcome of the appeal by majority vote in closed session. The Board will prepare and issue a final Decision and Order indicating whether the Petition or Request is granted, denied, or continued to a later date, and if appropriate, any conditions of certification or recertification. Copies of the Board of Directors Decision and Order will be sent to the parties. While no appeal of the Decision and Order is permitted, the respondent may submit a new Petition or Request pursuant to this Section, one (1) year or more after the issuance of the Board of Directors Decision and Order.

## CERTIFICATION MAINTENANCE AND CONTINUING EDUCATION POLICY

### Introduction

Effective January 1, 2001, this policy sets forth information regarding ACBSP™ certification maintenance requirements, including certain changes in the standards, guidelines and procedures of the ACBSP™ Policy on Continuing Education. While the objectives of the continuing education program remain the same, these revisions are intended to clarify all requirements and guidelines concerning the ACBSP™ recertification process and to simplify administrative procedures.

### Statement of Purposes

The ACBSP™ Board of Directors has established a continuing education program as part of the certification maintenance process for ACBSP™ certificants: Diplomate American Chiropractic Board of Sports Physicians® (DACBSP®) and Certified Chiropractic Sports Physicians/Practitioners® (CCSP®). This policy applies to all active certificants and is designed to protect the integrity of ACBSP™ certificants and the patients they serve. Among other purposes, the Certification Maintenance and Continuing Education Policy is intended to:

- Promote continued competence by requiring ACBSP™ certificants to demonstrate a current level of professional knowledge and skills in the specialty of chiropractic sports medicine; and
- Encourage ACBSP™ certificants to advance and enhance their knowledge and skills within the domain of chiropractic sports medicine.

### Certification Maintenance Process and Requirements

As explained in this policy, certificants may maintain their certification by either: retaking and passing the appropriate ACBSP™ certification examination(s); or, meeting the educational and professional activity requirements of the ACBSP™ continuing education program as defined in this policy.

Additionally, all certificants must maintain a current healthcare provider level CPR certification in order to maintain ACBSP™ certification. All examination policies, deadlines, fees and site availability rules apply to examinations completed for certification maintenance purposes.

1. Certification Examination for Certification Maintenance. Certificants may choose to retake their respective certification examination(s) in lieu of complying with the annual continuing education requirements in order to maintain their certification.
  - a. CCSP® Requirement. Successful completion of the CCSP® certification examination.
  - b. DACBSP® Requirement. Successful completion of both the written and practical DACBSP® certification examinations.
2. Continuing Education Requirement for Certification Maintenance. Certificants may maintain their certification through continuing education activities. A minimum number of continuing education units (CEUs) must be accumulated every one-year period following ACBSP™ certification, as described below. The ACBSP™ has established the following CEU requirements:
  - a. CCSP® Requirements. Completion of twelve (12) CEUs every, January 1 to December 31, one-year period.
  - b. DACBSP® Requirements. Completion of twenty-four (24) CEUs every, January 1 to December 31, one-year period.

The ACBSP™ grants CEUs to certificants for participation in educational and practical activities meeting specific criteria, as described in this policy. Credits may only be applied to the one-year period in which they are earned or to previous years. Therefore, unless otherwise permitted by this policy, credits earned in excess of the requirements may not be applied to the next or later periods.



- Maintenance of Healthcare Provider Level CPR Certification. In order to maintain certification with the ACBSP™, all certificants must maintain current healthcare provider level CPR/AED certification from one of the following organizations: American Heart Association (BLS for the Healthcare Provider) or American Red Cross (Professional Rescuer) or equivalent.

Compliant CPR courses must include:

- Hands-on training
- CPR for infants, children and adults
- One person and two-person CPR methods
- AED

Healthcare provider level CPR courses that include online education and a hands-on component are acceptable and meet ACBSP™ compliance criteria. Online education only courses are not acceptable.

- Completion of “Misconduct in Sport” Training. The ACBSP Board of Directors unanimously approved of a change to our annual CEU requirements for the CCSP® and DACBSP®. Beginning January 1, 2019, all ACBSP certificants will be required to have “misconduct in sport” training. The ACBSP shall require certificants to demonstrate evidence of training to recognize, reduce and respond to all misconduct in sport (i.e. SafeSport, or comparable program) every four (4) years as a requirement to maintain certification.

#### Annual Maintenance Fee

The ACBSP™ will assess an annual maintenance fee to support board and organizational business operations including direct and indirect costs related to providing certificant and certification management services. The Board of Directors will determine the maintenance fee and penalty fee on an annual basis.

The annual fee will be assessed to all active certificants each maintenance period and must be paid by January 31 each year. A late fee will be assessed to all certificants who neglect to pay the maintenance fee prior to January 31. In order to maintain an active certification status certificants must pay the maintenance fee and applicable late fee no later than June 30. Certificants not in compliance by June 30 will receive a notification of non-compliance via email. Those not in compliance will be required to comply within 30 days and will be assessed an additional penalty fee. Certificants who do not comply within 30 days from the date of the notification of non-compliance will be removed from the ACBSP™ Certificant Directory on the ACBSP™ website and their certification will be placed in an inactive status (see Inactive Certification Status below).

- Maintenance Fee and Due Date for New CCSP® Certificants. Upon notification of successfully earning the CCSP® certification, new CCSP® certificants will be assessed a prorated maintenance fee according to the fee schedule below. Upon receipt of the fee the new certificant’s name, office address, office phone number, and a link to the doctor’s office website will be entered to the ACBSP™ Certificant Directory on the ACBSP™ website.

Date of Notification of Certification	Maintenance Fee Due Date	% Annual Maintenance Fee
April 1 – June 30	June 30th	50%
October 1 – December 31	June 30th of following year	100%

2. Reduction or Waiver of Annual Maintenance Fee. The ACBSP™ will consider requests for the reduction or waiver of annual maintenance fee requirement based on specific, individual, mitigating circumstances, including undue hardships and unforeseen circumstances that prevent timely completion of the requirement. Requests for the reduction or waiver of the requirement must be submitted in writing and must contain complete, accurate and compelling information supporting the request for the reduction or waiver. ACBSP™ retains the sole and exclusive authority to grant or deny a reduction or waiver request. Formal notification of the ACBSP™ decision will be forwarded to the certificant.
  - a. Retired/Disabled/Military Certificants. Any certificant who has withdrawn from active chiropractic practice due to retirement, disability or active-duty military service and wishes to keep his/her certification active must immediately notify the ACBSP™ in writing. Maintenance fees may be reduced by 50% for only the time that the certificant is not practicing. Other certification maintenance requirements such as continuing education and CPR certification will still be required per this policy. Documentation of retirement, disability or active-duty military services must be provided to the ACBSP™ office for verification.
  - b. Full-time Faculty Certificants. Any certificant who is also a full-time faculty member and wishes to keep his/her certification active must immediately notify the ACBSP™ in writing. A formal letter confirming full-time faculty status from the school's president or department chairperson must be provided to the ACBSP™ on an annual basis. Maintenance fees may be reduced by 50% for only the time that the certificant is a full-time faculty member. Other certification maintenance requirements such as continuing education and CPR certification will still be required per this policy.

#### Annual Continuing Education Requirements

The ACBSP™ has established a yearly (12 month) time period, or cycle, for the completion of certification maintenance requirements. Under the continuing education program, a certificant must earn the required number of CEUs within each, January 1 to December 31, one-year period in order to maintain their certification. Continuing education requirements become effective January 1 of each year following initial certification, except as otherwise permitted by this policy. The rationale for a one-year period is that protocols for the emergency management of an injured individual are in transition (e.g. traumatic brain injury, concussion) and although emergency medicine skills may be infrequently required, mastery and maintenance of these skills is of paramount importance.

1. Initial Period. The initial period under this policy began January 1, 1996 and ended December 31, 1998.
2. New Certificants: Initial Maintenance Period.
  - a. New CCSP® certificants. Must fulfill the annual continuing education requirement beginning January 1 of the year that immediately follows the date of certification.
  - b. New DACBSP® certificants. Must fulfill the CCSP® annual continuing education requirement for the year in which the DACBSP® certification is earned. Beginning January 1 of the year immediately following the date of the DACBSP® certification the certificants must fulfill the DACBSP® annual continuing education requirement.
3. Maintenance of Continuing Education Records. All certificants must maintain verified, valid evidence of completion of any applicable continuing education activity, including copies of any documentation submitted to the ACBSP™.
4. Attestation of Compliance. Effective January 1, 2015, when completing registration, all certificants will be required to declare their current and future compliance with the ACBSP™ certification maintenance criteria including compliance with annual continuing education requirements, CPR maintenance



requirement and maintenance of records documenting compliance with this policy and that the email address provided to the ACBSP™ is unique and not shared by any other ACBSP™ certificant.

5. Annual Audit Process. Effective January 1, 2015, the ACBSP™ will no longer require or accept routine submission of evidence of certificants' continuing education activities; rather, the ACBSP™ will require all certificants to attest to their compliance with all applicable policies including maintenance of evidence records of compliance. The statement of attestation of compliance will be included on the web-based registration form. Each active certificant is required to complete the registration form to process their annual certificant maintenance.

An annual audit will be conducted on a representative sample of active certificants to verify compliance. No later than January 15 of each year a random number generator will be used to create an appropriate sample of certificate numbers from the list of active certificate numbers. The certificants who hold these certificates will be contacted via email no later than January 31 and required to submit evidence of their continuing education activities for the prior one-year maintenance period (prior calendar year) and current, valid CPR certification. Certificants selected for the audit sample must submit valid and verifiable evidence to the ACBSP™ no later than March 17. Submitted evidence will be reviewed and compliance status will be determined and recorded. The ACBSP™ may request additional information or clarification of a specific program or activity prior to final acceptance. Final audit results will be recorded no later than June 30 and a notification of non-compliance will be sent to pertinent certificants via email.

Certificants found to not be in compliance, including those that did not respond to the audit notification, will then have 30 days from the date of the notification of non-compliance to provide additional evidence of compliance or otherwise appeal the audit results. If, after the 30-day period expires, the non-compliance determination has not been reversed or the certificant has not responded to the initial notification or the notification of non-compliance the individual's certification will be placed in an inactive status (see Inactive Certification Status below).

6. Reduction or Waiver of CEU Requirements. The ACBSP™ will consider requests for the reduction or waiver of continuing education requirements based on specific, individual, mitigating circumstances, including undue hardships and unforeseen circumstances that prevent timely completion of such requirements. Requests for the reduction or waiver of continuing education requirements must be submitted in writing and must contain complete, accurate and compelling information supporting the request for the reduction or waiver.

ACBSP™ retains the sole and exclusive authority to grant or deny a reduction or waiver request. Formal notification of the ACBSP™ decision will be forwarded to the certificant.

7. Inactive and Suspended Certification Status.
  - a. Failure to Meet Certification Maintenance Requirements. Although the CCSP® and DACBSP® certifications do not have an expiration date, failure to comply with ACBSP™ certification maintenance policies will result in the individual's certification being designated as inactive. Once the certification is placed into inactive status, the doctor is prohibited from using the ACBSP™ certification marks and from identifying themselves as certified by the ACBSP™. Once the certification is designated as inactive the doctor's information will be removed from the ACBSP™ Certificant Directory on the ACBSP™ website.
  - b. Voluntary Certification Suspension Status: Withdrawal from Practice/Retired. Any certificant who has withdrawn from active chiropractic practice but wishes to maintain their certification

must immediately notify the ACBSP™ and will be placed on a voluntary certification suspension list. Such retired certificants are permitted to retain suspended certification status and may seek to activate certification upon application to the ACBSP™, provided that the individual complies with appropriate policies (see Reduction or Waiver of Annual Maintenance Fees and Reduction or Waiver of Continuing Education Requirements above).

The ACBSP™ does not award emeritus status for Diplomates. The word “emeritus” is used for titles such as “Professor Emeritus”, etc. The purpose of the certification maintenance process is to periodically assess those who wish to maintain Diplomate status. It assures that the physician’s cognitive knowledge is current. Emeritus status implies lifelong attainment of knowledge and would be a contradiction in terms relative to Diplomate status with any specialty board.

In order to regain active status, a certificant must appeal to the ACBSP™ in writing. In order to be considered, the certificant is required to submit a written statement to the ACBSP™ Board explaining in detail the reason/basis for the reactivation. If permitted to attempt returning the certification to an active status, the individual will be required to complete the appropriate recertification requirements consistent with this policy. The appropriate recertification requirements include providing verifiable evidence of having earned the cumulative total number of hours of continuing education for the inactive period and CPR certification, in addition to payment of the required maintenance and penalty fees. Under their sole discretion the Board of Directors may place a minimum or maximum limit on the total number of continuing education hours and fees required to regain active status. The board will make such determinations on an annual basis.

The Board of Directors, under their sole discretion, may deny any request for reactivation of a certification. In this instance the individual may be permitted to reapply for certification and successfully complete the respective certification process.

### Continuing Education Activity Guidelines

\*All continuing education activities are subject to ACBSP™ review and approval.

1. Categories of Acceptable Activities. Unless otherwise noted by this policy, all continuing education activities must be sports medicine or fitness related and directly related to patient care in order to be accepted by the ACBSP™.
  - a. Formal Academic Educational Courses. This category includes participation in educational programs designed to enhance physician knowledge and clinical competency and to improve patient care. Programs must be related to the field of chiropractic sports medicine. Such activities must be completed following initial certification and must satisfy the quality guidelines described in this policy (see Quality Program Guidelines and Requirements below).
  - b. Professional Conferences, Meetings, Seminars, Workshops. This category includes attendance at qualified professional conferences, meetings, seminars and workshops designed to enhance physician knowledge and clinical competency and to improve patient care. Participation in events must satisfy the quality guidelines described in Section 3 below. Qualified events may include but are not limited to the ACBSP™ Annual Chiropractic Sports Sciences Symposium and other professional and educational activities subject to review and approval by the ACBSP™.
  - c. Scientific Papers and Publications. This category includes development, authorship and/or presentation of scientific papers, abstracts and publications intended for chiropractic physician education. An original scientific paper is defined as one that reflects a search of literature, appends a bibliography and contains

original data gathered by the author. Such activities may include but are not limited to: a published manuscript in a peer-reviewed journal; and, a book or chapter of a book related to the field of chiropractic sports medicine. A copy of the paper/publication in finished form must be submitted to the ACBSP™ for review and approval. Papers and publications will be judged on relevance to the field and the number of CEUs granted will not exceed 50% of the annual continuing education requirement.

- d. Professional Services. This category includes activities involving substantive participation or service related to the review, evaluation, development and application of chiropractic sports physician knowledge and competency. Such activities may include, but are not limited to:
  - a. Service on ACBSP examination committees, including Angoff value, item writer and item evaluation committees, and practical exam committees.
    - i. CEUs for service on ACBSP examination committees, including Angoff value, item writer and item evaluation committees, and practical exam committees, will be calculated as 1 CEU per hour of active participation and these CEUs may be applied in a 1:1 ratio to meet part or all of the participating certificant's annual ACBSP™ continuing education requirement; however, the CEUs will not be submitted for states' approval and therefore, may or may not meet a doctor's state licensure requirements.
  - b. Defined service in a specific project as a professional consultant or subject matter expert related to the field of chiropractic sports medicine.
  - c. Service on a medical team or as a treating doctor during a nationally recognized athletic event.
    - i. Service on a medical team or as a treating doctor during a nationally recognized event will be calculated as 0.25 CEU per hour of active participation with a maximum of 50% of the annual continuing education requirement allowed per year. These CEUs will only apply to ACBSP continuing education hours and may not apply to state licensure requirements. A verification form is available in the appendix of this policy.
  - d. A DACBSP or CCSP certificant who completes an internship at an Olympic Training Center, or is a member of a medical team for the Goodwill Games, Pan-American Games or the Olympic Games for the United States will fulfill the entire continuing education requirement for the one-year period in which they served.
- e. DACBSP® Mentorship of CCSP®. This category includes participation in activities specifically by CCSP®s under the direct supervision of a mentoring DACBSP®. Only CCSP®s may earn continuing education credit under this category. In order for any activity to be approved and accepted, the CCSP® and mentoring DACBSP® must submit a detailed plan for ACBSP™ review at least thirty (30) days prior to the proposed date of the activity, including the following information: the subject and practice area(s) addressed by each proposed activity; the anticipated number of contact hours to be earned for each proposed activity and relevant dates; the number of credits requested upon completion of each activity; the names, addresses and contact information of both the CCSP® and DACBSP®; and, an express, written and signed statement by both certificants indicating that the mentorship will not involve any type of monetary exchange between parties. CCSP®s must maintain a written daily journal, including detailed explanations of the skills learned and knowledge gained during the mentored experience and may be required to prepare patient summary case reports. CCSP®s will be granted 1.0 CEU for every four (4) hours of practical activity completed with a maximum of 8.0 CEUs that may be earned under this category during a one-year period. Credit is not granted for coffee breaks, social functions or time allotted to business or administrative matters.
- f. Online Courses and Home Study. This category includes structured and self-paced educational activities designed to enhance knowledge and clinical competency and to improve patient care.
  - a.

Online Education: CEUs can be earned online and must satisfy the quality guidelines described in section 3 below.

Effective January 1, 2015, certificants may meet 100% of the ACBSP™ annual continuing education requirement via online education.

- b. Home Study: Such activities may include but are not limited to the review and analysis of professional journals recognized by the professional scientific community and successful completion of the self-test (quiz) included in the journal. Quiz results must be submitted to the ACBSP™ national office. All activities must be reviewed and approved by the ACBSP™. Certificants will be granted 1.0 CEU per quiz successfully completed and approved. In any given one-year period, CCSP® and DACBSP® certificants may earn a maximum of 3.0 CEUs under this category.
  - g. Non-ACBSP™ Certifications and Specialties. This category includes the satisfaction, completion and maintenance of professional certification(s) in sports-related disciplines, administered by other recognized organizations, including: Athletic Training Certification by the National Athletic Trainer's Association Board of Certification; EMT Certification by an authorized EMT certifying organization; and Certified Strength and Conditioning Specialist by the NSCA® Certification Commission. In any given one-year period, CCSP® and DACBSP® certificants will be exempt from ACBSP™ continuing education requirements, as long as all certification and recertification requirements are completed in compliance with the respective organization's requirements. A request for exemption, including supporting documentation of such other recognized certification(s), must be submitted to the ACBSP™ for review and approval.
  - h. Instruction Research Hours. Certificants may earn continuing education credit for researching and teaching post-graduate level courses that are directly related to the field of sports medicine. 1.0 CEU credit(s) will be provided, on a one-time basis, for each hour of a new sports medicine presentation to provide credit for the research activities performed by the certificant. No additional credits are made available for instruction of the course. Instruction Research hours may not exceed more than 50% of the total annual CEU requirements. The ACBSP™ recommends submitting the lecture notes or another form of confirmation to the Board of Directors. The Board of Directors, in their sole discretion, may deny any submitted request for continuing education credits
  - i. Other Continuing Education Activities. This category includes other continuing education activities that adhere to the guidelines below that may be considered for credit by the ACBSP™.
2. Categories of Unacceptable Activities. As stated in Categories of Acceptable Activities above, all continuing education activities must be sports medicine or fitness related and directly related to patient care in order to be accepted by the ACBSP™; therefore, the following continuing education program topics are not acceptable:
- a. Manipulative techniques,
  - b. Practice management and philosophy,
  - c. Billing and coding, insurance, and Medicare,
  - d. Laws and legislation.
3. Quality Program Guidelines and Requirements. Unless otherwise noted by this policy, all CEU activities accepted by the ACBSP™ must satisfy the following guidelines and requirements. These rules are provided to assist certificants in evaluating whether a program or activity may satisfy ACBSP™ Continuing Education requirements. These standards are not intended to suggest that a program appearing to satisfy these criteria will be approved or disapproved by the ACBSP™.
- a. Relevant Content. The activity must have significant intellectual or practical content, the primary objective of which is to improve the professional competence of participants. The activity must be an organized program of learning designed to provide education in subjects directly relating to

sports and/or fitness medicine.

- b. Stated Objectives. The activity must have stated and printed educational objectives. The objectives must state what the practitioner will know or be able to do upon completion of the activity.
  - c. Non-Restricted Participation. The program must be described in a detailed statement prepared by the sponsor or certificant which explains the type of audience for whom the activity is designed and the relevancy of the program to the professional practice needs of participants. The activity must be non-discriminatory and open to all practitioners interested in the subject matter.
  - d. Instructor Competency. The credentials of the program instructors must be provided to the ACBSP™. The instructors must have appropriate expertise and adequate credentials necessary to conduct the program effectively, including knowledge of content area, qualification by relevant experience and competence as an instructor.
  - e. Attendance Records. The sponsor or provider must monitor the CEU activity for attendance and maintain records to assure that participants may be given proper credit for continuing education.
  - f. Course Materials. Each participant must be provided with thorough, high quality and carefully prepared written course materials before or at the time of the activity. Although written materials may not be appropriate to all courses, they are expected to be utilized whenever possible.
  - g. Adequate Facilities. The program must assure that proper facilities and equipment are provided to enable the presenter to teach effectively. The activity must be presented in a suitable setting conducive to education, including the provision of adequate writing space or surface for participants.
4. Granting Credit. In all cases, credit is granted only after the educational activity has been completed and documented. Unless stated otherwise in this policy, certificants will be granted 1.0 CEU for each contact hour of professional or educational activity completed, consistent with the terms of this policy. Beyond the initial hour, one-half CEU (0.5) will be granted for completion of at least thirty (30) additional minutes, but less than sixty (60) minutes. Credit is not granted for coffee breaks, social functions or time allotted to business or administrative matters.
  5. Credit Denial. The ACBSP™ reserves the sole and exclusive right to evaluate all programs and activities on an individual basis and to deny credits at its discretion to those which do not meet the criteria described in this policy. The number of CEUs indicated for a program by other organizations will be considered by the ACBSP™ in its evaluation. However, the ACBSP™ reserves the sole and exclusive right to make final determination of the number of credits granted. The certificant will be notified of a decision where CEUs are reduced or denied, including the basis for such action.

#### Summary of Annual Certification Maintenance Requirements

1. All CCSP® certificants are required to obtain 12 hours of continuing education specific to the topic of sports medicine each calendar year.
2. All DACBSP® certificants are required to obtain 24 hours of continuing education specific to the topic of sports medicine each calendar year.
3. All certificants must maintain an active healthcare provider level CPR certification at all times from the American Red Cross, American Heart Association, or equivalent certification.
4. All certificants must complete “misconduct in sport” training, and renew every four (4) years. All certificants must pay an annual maintenance fee as set by the board of directors.
5. All certificants must complete a certification maintenance registration form annually. The web-based registration form requires each active certificant to:
  - a. Provide current personal and business demographic data.
  - b. Attest to his/her current compliance and continued compliance with the requirements of the ACBSP

Certification Maintenance and Continuing Education Policy.

- c. Attest to his/her acceptance of the Certificant and Candidate Agreement and Release.
6. All ACBSP certificants are required to maintain personal records as evidence of meeting the requirements described here.